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26 March 2018

Principal's Letter to Parents Term 2, 2018

Dear Parents/Guardians.

As we work towards almost the halfway mark for the academic year, let us continue to watch over the development of our girls and see them grow up being better able to help themselves; and to care for others.

1. Helping our daughters manage mobile devices distractions

Many parents write to ask me for tips on how the family can help manage their teenagers' use of mobile devices. Research has shown that mobile devices addiction has a negative effect on human bonding, learning and productivity.

To help our teenagers manage such distractions, we can all start by having meaningful conversations with our daughters and help them decide to put the devices away for controlled periods of time allocated to focussed work or studying.

Some parents shared that their teenagers have come to the level of maturity where they understand the need to have a proactive approach to help them manage their mobile devices distraction:

- Use of Apps to enforce 'switch-off' time period (e.g. a) 4 pm - 6 pm and/or 7pm – 9pm) on their teenager's mobile phones. The following are some common examples:
 - Family Time https://familytime.io/
 - Our Pact https://ourpact.com/
 - Funamo https://www.funamo.com/ During these allocated periods, the smart phone applications cannot be used.



b) Switch smart phones for a 'dumb' exam-season phone (eg. basic 3G Phone) so that they can better concentrate on preparation for exams.





























2. 2018 CCA participation

Last year, we shared that we have put in processes to help our girls aim towards getting an 'Excellent' CCA grade at the end of their 4 or 5 years in PLMGS(Sec). This is based on the LEAPS 2.0 framework (Read more at this <u>link</u>). We would like to request that all parents encourage their daughters to participate in CCA actively as part of our holistic education for all PL-Lites. Girls with deliberate and wilful absenteeism from CCAs will be counselled and may be given a 'Fair' Conduct Grade for the term.

3. Revised Income Eligibility Criteria for MOE Financial Assistance Scheme (FAS)

As announced during the MOE Committee of Supply Debate 2018, the eligibility criteria for MOE FAS will be revised from 1 April 2018. Singapore Citizen students from households with gross monthly household income (GHI) of \$2,750 and below, or per capita income (Monthly GHI/ No of members in the household) of \$690 and below, will now be eligible for the MOE FAS. If you are eligible and wish to apply for the MOE FAS, you can obtain a copy of the application form from the General Office and return the completed form to the school for processing. Please refer to https://www.moe.gov.sg/education/financial-assistance for more details.

4. Sec 3 Work Shadowing Programme (WSP)

As part of our school's Education and Career Guidance (ECG) programme, we would like to invite you to participate in our Work Shadowing Programme (WSP) for our Sec 3 girls. WSP requires your daughter/ward and one or two of her friend(s) to shadow you at your work place for a period of 1 to 3 days during the June/November/December school holidays.

Through WSP, we hope to achieve the following objectives:

- To instill positive work attitudes and values as PL-Lites observe adults working in a professional setting.
- To help PL-Lites discover their own areas of interests and passion so that the girls will be able to establish a tentative educational plan and take actionable steps towards achieving their goals.

We encourage parents to help our girls grow and learn in different dimensions. In cases where parents are unable to have their daughter shadow them, they can ask for help from friends or relatives to provide opportunities for the girls. The school also partners a few organizations to expose our girls to an area of work that they may be interested in. More information on the WSP will be given to the Sec 3 girls this week.

5. Sec 4/5 Night Study Programme (NSP)

The Night Study Programme will commence this term on a weekly basis. In the weeks leading up to the school and national examinations, the frequency of the sessions will be increased to help pace the students in their revision efforts:

Time: 7.00 p.m. to 9.00 p.m.

Venue: School Library 'PL Booktique'

Attire: School T-shirt and school skorts/bermudas/jeans and covered shoes

No.	Term / Week	Date	Remarks
1	T2W2	30 Mar	No NSP – Good Friday Holiday
2	T2W3	6 Apr	NSP #01
3	T2W4	13 Apr	NSP #02
4	T2W5	20 Apr	NSP #03

No.	Term / Week	Date	Remarks
5	T2W6	27 Apr	NSP #04
6	T2W7	4 May	No NSP – Preparatory Exam
7	T2W8	11 May	No NSP – Preparatory Exam
8	T2W9	18 May	NSP #05
9	T2W10	25 May	No NSP – TMP / Eat with Your Family Day

We want to thank parents who will be supporting the girls by providing snacks to refresh their bodies and to strengthen their hearts. We appreciate the teachers who volunteer to stay late in school to help the girls in their revision.

6. Save the Date: 24 May 2018 Sec 1 - Sec 4/5 Teacher-Meets-Parents session cum Post-Secondary Educational Institutes Fair 2018

Please make time to attend our annual Sec 1 - Sec 4/5 *Teacher-Meets-Parents* (TMP) session cum Post-Secondary Educational Institutes (PSEIs) Fair 2018 which will be held on 24 May 2018 (Thur), within 8 a.m. to 5 p.m.. This is the day set aside for parents to see the teachers to review their daughter's growth in school. We will also be inviting representatives from Junior Colleges, Polytechnics and ITEs to help us explore future educational pathways and preferred choices at the PSEI Fair 2018. The timing for booking your slots will be open closer to the date.

7. Highlights of Key School Events in Term 2

The following are highlights of our school's key programmes in Term 2 2018:

Date	Key Events
19 Mar 2018 (Mon)	Welcome Assembly: Special Guest speaker: Dr Wee Hong Ling (http://a-list.sg/profile-wee-hong-ling/) Annual Health Team Vist
21 Mar 2018 (Wed)	Fathers@School Anniversary
23 Mar 2018 (Fri)	Homecoming 2018 (Sec 4&5 2017 cohort)
28 Mar 2018 (Wed)	EAE Briefing for Sec 4/5 students
5 Apr 2018 (Thur)	Sec 4 and 5 EL Oral begins
6 Apr 2018 (Fri)	International Friendship Day
7 Apr 2018 (Sat)	A Special Day with Dad @ Fullerton Hotel
9 Apr 2018 (Mon)	N(T)-Level F&N Practical Exam
9-13 Apr 2018	Sec 3 NA/NT OBS
10 Apr 2018 (Tues)	O-Level F&N Practical Exam
13 Apr 2018 (Fri)	Sec 4 and 5 NAPFA Test
14 Apr 2018 (Sat)	Principal's Brunch with Parents
16-20 Apr 2018	Sec 3 Express OBS
18 Apr 2018 (Wed)	Sec 4E/5N/4N MT Oral Exam begins

Date	Key Events		
20 Apr 2018 (Fri)	Sec 3 Subject Combination Briefing for Sec 2E/NA/NT students and parents (6.30 pm – 9 pm)		
	CCA Stand Down for S4/5		
25 Apr 2018 (Wed)	Prefects' Installation		
1 May 2018 (Tues)	Labour Day		
2-14 May 2018	Sec 4/5 Prep Exam		
2-8 May 2018	Sec 1-3 Common Tests		
18 May 2018 (Fri)	S4/5 ECG Conference		
19 May 2018 (Sat)	PSSG parents' Workshop on 'Children in New Media' (TBC)		
24 May 2018 (Thur)	 Sec 1-4/5 Teacher-Meets-Parents (Collection of Report Books; PL-Lites are to come with parents) Post-Secondary Educational Institutes (PSEIs) Fair (8 am - 5 pm) 		
15-25 May 2018	S4E/5N MTL Intensive Revision		
25 May 2018 (Fri)	Last day of Term 2 / Eat with Your Family Day		
28 May 2018 (Fri)	GCE O-Level MT Exam		
30 May - 1 June 2018	Sec 4/5 Revision Lessons		
18 – 22 June 2018	Sec 4/5 Consultation with Teachers		

Every Mon morning, 7.30 a.m. – 8.30 a.m.	PrayingParents @PL meets every Monday morning, 7.30 a.m. – 8.30 a.m. at the SFE room for a time of prayer and fellowship
Every 3 rd Wed of the month 7.30 a.m. – 8.30 a.m.	Fathers @School holds its monthly breakfast bonding session every third Wednesday of the month, 7.30 a.m. – 8.30 a.m. at the SFE room

Please check the school website (http://plmgss.moe.edu.sg/) for regular updates on the school programmes and other administrative matters. Do also follow us on our Youtube Channel (https://www.youtube.com/channel/UCYt7DqDzhirCcpQl7hcxo9g) and our Facebook page for the happenings in and around the school (https://www.facebook.com/PLMGSAlumni/).

Thank you for your support and for partnering us to care for your daughters

Warmest Regards,

Mrs Quek

Principal, PLMGS (Sec)