



# 2026 Meet-the-Parents

## Secondary 3,4&5

**23 Jan 2026 (Friday)**  
**6.30 p.m.**

Official (Open) / Non-Sensitive



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



**(For Info)**

**Please refer to the school website for names and  
the contact details of our school teachers.**



# CONTENT

## 1. Our PLMGS Story

- Our 2026 Focus

## 2. Our Total Curriculum

## 3. The New Singapore Context – Full SBB

## 4. Our Parents



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# Our PLMGS Story



**Founded  
1916**

**110 years  
old in 2026!**

B12 | THE STRAITS TIMES | MONDAY, APRIL 25, 2016 | UNIVERSITY SEARCH AIM FOR COURSE THAT BEST SUITS YOU B9

# EDUCATION

## Carrying forward a compelling legacy



All along, PLMGS has upheld the importance of values such as honesty and selflessness in building a student's character, says its longest-serving principal, Mrs Winnie Tan (centre), who was at the helm from 1972 to 1997. Keen to carry on this tradition are (from right) Ms Sharon Lin, who teaches at PLMGS (Primary), Mrs Quak Li Gek, the principal of PLMGS (Secondary), alumni association president Quah-Lim Su-Lynn and her daughter Natalie, now in Sec 1 at the school. ST PHOTO: ONG WEE JIN

**Amelia Teng**

Paya Lebar Methodist Girls' School (PLMGS) is known for the dark-blue pinifores with white belts worn by its students. But probably few knew that it started as a school for boys. It had 24 primary school boys and three teachers in 1917 when it first opened on a 93,000 sq ft piece of land in Boundary Road. A year later, the school, known then as Paya Lebar English School and a branch of the Anglo-Chinese

School, began admitting girls. In 1961, it became a fully girls' school and took its current name. In 1986, it moved to its present-day site in Lorong Ah Soo, near Hougang. Today, PLMGS has about 3,000 students and 250 teachers across primary and secondary levels. Prominent alumni include top civil servant Lim Siong Guan, Nominated MP Chia Yong Yong and former law minister E. W. Barker. The school's longest-serving principal, Mrs Winnie Tan, was at the

**ALL IN THE FAMILY** continued on B11



The school at its Boundary Road campus back in the 1930s. It became a fully girls' school in 1961 and moved to its current location in Lorong Ah Soo in 1986. PHOTO: PAYA LEBAR METHODIST GIRLS SCHOOL



# School History & Background

1916	Founding of Paya Lebar Methodist School at Boundary Road – School for Boys only, supported by the Methodist mission
1949	Became a Government-Aided School with 2 sessions – Girls in the morning & Boys in the afternoon
1961	Became a fully Girls' School (Full School)
1986	Relocation of school to present site – Lorong Ah Soo (Sec School)
2002	Attained Autonomous School status and SQC Award
2004(Dec)	Relocation to Serangoon North Ave 1
2006 90 <sup>th</sup> Anniversary	• Autonomous Status Reaffirmed (with 2 Best Practice Awards – T&L, Staff Well Being) and SQC Award
2007	• Relocation back to Lor Ah Soo • Official re-opening on 12 Oct 2007 • School Distinction Award
2009	Character Development Award
2012	• School Excellence Award & Reaffirmation of all Awards & SARD
2016 100 <sup>th</sup> Anniversary	• PLMGS celebrates 100 <sup>th</sup> anniversary
2026 110 <sup>th</sup> Anniversary	• PLMGS will be celebrating 110 <sup>th</sup> anniversary

28 Autonomous Schools in Singapore.

Other examples:

- Anderson Sec
- Anglican High
- CHIJ (Toa Payoh)
- Nan Hua High
- Victoria Sch etc.



# Criteria for Autonomous Schools

- School has a **good system in place to achieve the Desired Outcomes of Education**
- School has achieved consistently **good academic and other results**
- School is **well-established and receives parental support and public recognition**



# Our School

- **A distinctively Christian School with a rich Christian heritage and tradition**
- **All girls' school with more than 100 years of history**
- **Strong emphasis on character development and academic excellence**
- **Arts / Music as our Niche**
- **Strong partnership with Primary School and Church**
- **An autonomous school**





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



**(For Info)**  
**Slide on School Strategy Map has been removed**

# THE PLMGSS CULTURE

## CARE

- Value people and relationships
- Empower people
- Practise self-care



## EXCELLENCE

- Recognise **effort and growth** - not perfection
- Facilitate **intentional and effective feedback**
- Make **continuous improvement**
- Every experience is a **learning experience**



## SCHOOL PRIDE

- Everyone can grow and contribute
- Sense of belonging to PL and its heritage
- To be a **beacon to the community**





## Vision

An outstanding school of choice producing women of fine character with a passion for life and learning

## Mission

To nurture every PL-Lite into a whole person who lives in favour of God and man



## H.E.A.R.T. Values

- Honour God
- Excellence (Mindset)
- Adaptability
- Respect
- Thankfulness





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# Our 2026 Focus



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# 2026 Theme & Directions



No of Yrs	Yr	Yr Theme	Inspiration	Theme Verse	Theme Song
110th year	2026	ONE Perfect 10 in Christ	<i>In an increasingly diverse society and world, we call for “more we” and “less me”. To achieve this, we look to Jesus Christ as the unifying force and strength.</i>	Theme Verse 1  Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ.  1 Corinthians 12:12	We are One  <a href="https://www.youtube.com/watch?v=82t0rQDzgsk">https://www.youtube.com/watch?v=82t0rQDzgsk</a>



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# 2026

Theme: **ONE Perfect 10 in Christ**

Theme Verse:

**Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ.**

**1 Cor 12:12**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

## 2026 School Theme Song

Verse 4 of our Theme song "We Are One" aptly captures what we hope to achieve as a school.



[Verse 4]

Shaped by the hands of the potter

No two pieces alike

When we build a shelter together

*We will shine, we will shine*

[Chorus]

Let us draw near to each other

We are one, we are one

We are all sisters and brothers

Telling stories of our Father's love



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# Our Total Curriculum



# Purpose of Schooling

## Research shows:

- Profession
- Performance
- Progression
- Person
- People
- Passion

### About Ministry of Education, Singapore

The Education Service's Mission is to  
*mould the future of the nation.*



MOE's vision:

*"Thinking Schools, Learning Nation"*





**(For Info)**  
**Slide on Level Outcome & PL**  
**Experience has been removed**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

11C ONE PERFECT 10 IN CHRIST  
1 CORINTHIANS 12:12

德 智 体 群 美

Morals, Intellect, Physical body, Team spirit, Aesthetics



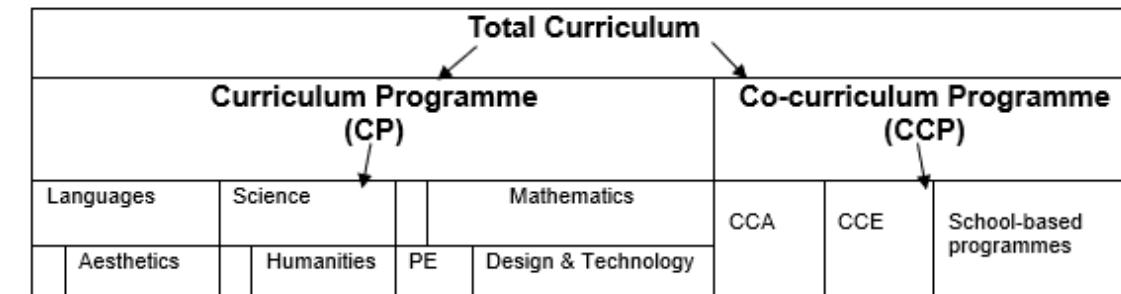
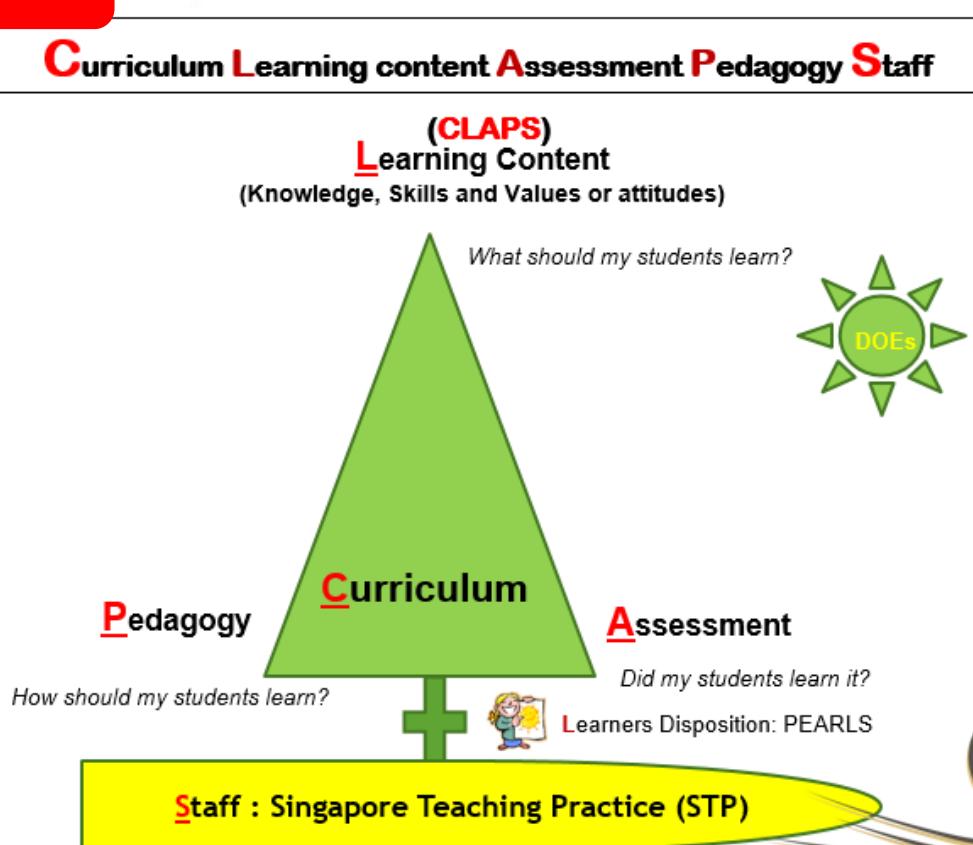
Holistic Education

Official (Open) / Non-Sensitive



# TOTAL CURRICULUM

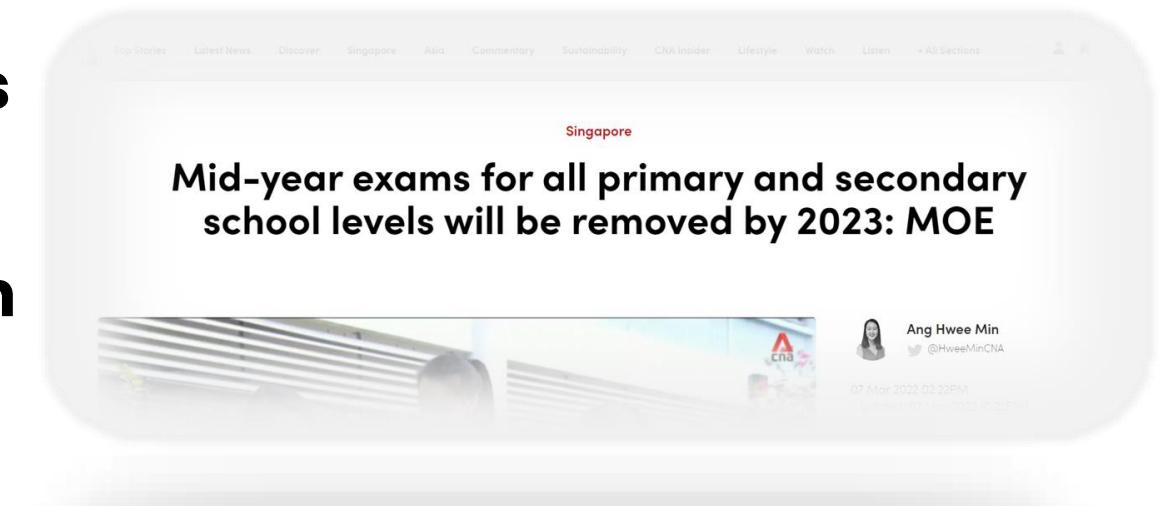
**TOTAL**





# Instructional Programmes

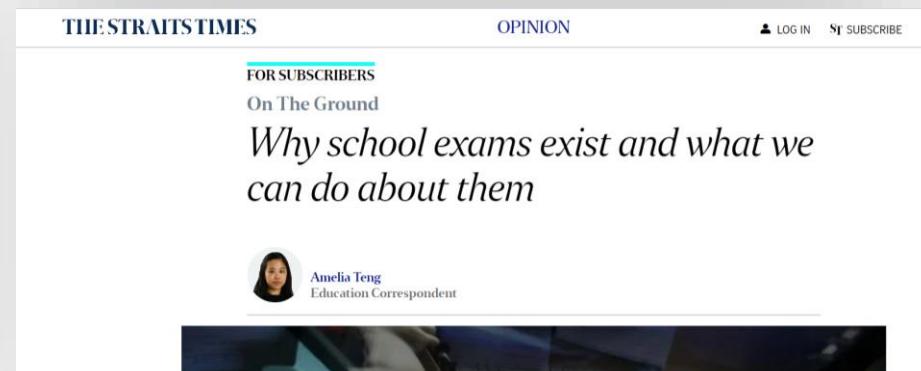
- 1. Upper Secondary Expectations & Support**
- 2. Assessment in 2026**
- 3. Building Academic Foundation over 2 years**



**Singapore**

**Mid-year exams for all primary and secondary school levels will be removed by 2023: MOE**

Ang Hwee Min  
07 Mar 2022, 02:22PM



**THE STRAITS TIMES**

**OPINION**

**FOR SUBSCRIBERS**

**On The Ground**

*Why school exams exist and what we can do about them*

Amelia Teng  
Education Correspondent



# Upper Secondary Expectations

- Preparation starts **NOW**. Set realistic targets.
- It is a 2-year programme – for ALL Courses.
- At least **60%** of assessment content will be covered in Sec 3.
- Foundation is very important.





# Upper Secondary Expectations

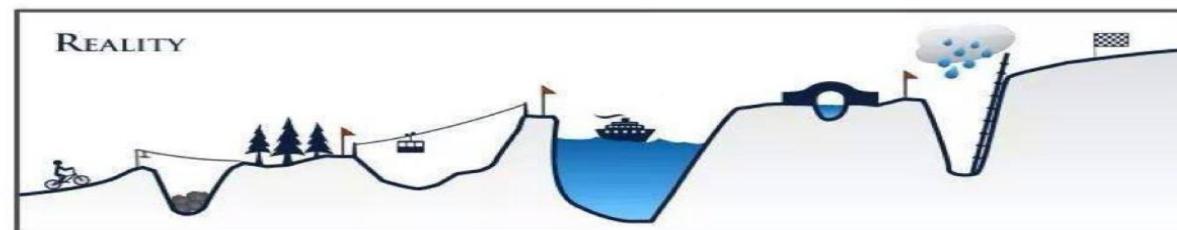
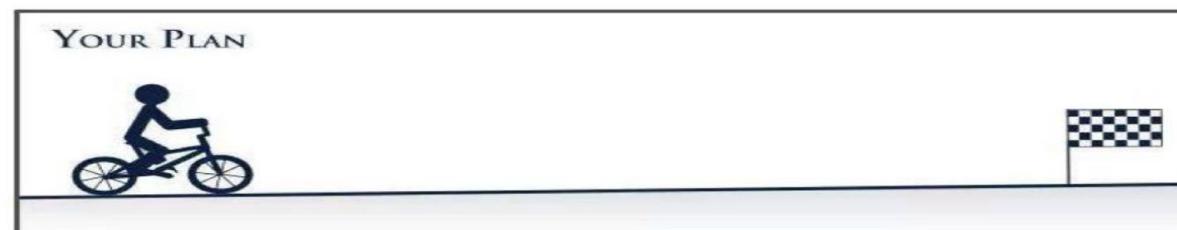
## Goals vs Distractions



## Results – Expectations vs Realities



Official (Open) \ Non-sensitive





# How can PL-Lites get there?

- Take ownership of their learning
- Growth mindset
- Resilience
- Consistency



# Upper Secondary Support

# PERFECT 10 IN CHRIST

# Consultations

- Self-/Teacher-initiated
- S4 Jun/Sept holiday schedule

# Remediation

- Identified students (Wed & Thurs)

# Online resources

- SLS
- Google Classroom

Q1

## Consultation

2.5 ( ) LAU JING XUAN DESTINEE <lau\_jing\_xuan\_destinee@plmgss.edu.sg>  
to me, 2.5, 2.5 ▼

Dear Mr Tan,  
Can we make an appointment for **consultation** to meet you tomorrow morning 7pm outside the staff room opposite the shaw ha

Regards,  
Group 7  
Destinee, Nicole and Cornelie

Subject : English Language	Name of Tr:		Venue:		
	(Mon) Name (Class)	(Tue) Name (Class)	(Wed) Name (Class)	(Thurs) Name (Class)	(Fri) Name (Class)
0800 – 0830					
0830 – 0900					
0900 – 0930	4E5N EL Clinic @ 4E06		Theresa		nicole Soh jeryn yvette



# Assessment Plan 2026

## Modes of Assessment

- Both formative and summative assessments in the form of class assignments, tests and examinations are planned to enable each student to evaluate and chart progress of her learning in consultation with her teachers.

	<b>Term 1</b>	<b>Term 2</b>	<b>Term 3</b>	<b>Term 4</b>
<b>Sec 1-3</b>	10% - 1 WA through Alternative Assessment or test	15% - 1 WA through Alternative Assessment or test	15% - 1 WA through Alternative Assessment or test	60% - EOY Exam
<b>Sec 4/5</b>	1 WA through Alternative Assessment or test	1 WA through Alternative Assessment or test	Prelim Exam	GCE N/O Level Examinations



## 2026 Assessment - FAQs

### **When will students & parents receive the assessment feedback?**

- Students will receive their assessment feedback once the grading is completed. Students will discuss and review the feedback and learning in class with their teachers. Students are encouraged to share their learning and performance with their parents/guardians. Parents/Guardians will receive your daughter/ward's Term 1 Result Slip at the start of Term 2.

### **What if I am unwell and absent for my assessments?**

- For WAs – Should a student be absent on the day of WA, she will need to provide a **valid Medical Certificate\***. She will receive the assessment papers for self timed-practice and 'MC' status will be indicated for the paper. (\*Noted that: An MC that is issued by a Chinese Physician and letter of excuse from parent are **INVALID**).
  - NO MAKE-UP TEST will be conducted
- For Exam – Should a student be absent on the day of exam paper, she will need to provide a **valid Medical Certificate**, a 'MC' status will be indicated for the paper. A student who is absent from an examination without a MC will get an '**AB**' status (equivalent to zero mark attainment).



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



**(For Info)**  
**Slides on school results have been removed**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# LEAPS 2.0



# LEAPS 2.0 points

**LEAPS 2.0 is a framework to recognise secondary school students' holistic development. Students will be recognised with levels of attainment in four domains:**

- **Leadership,**
- **Achievement,**
- **Participation and**
- **Service**

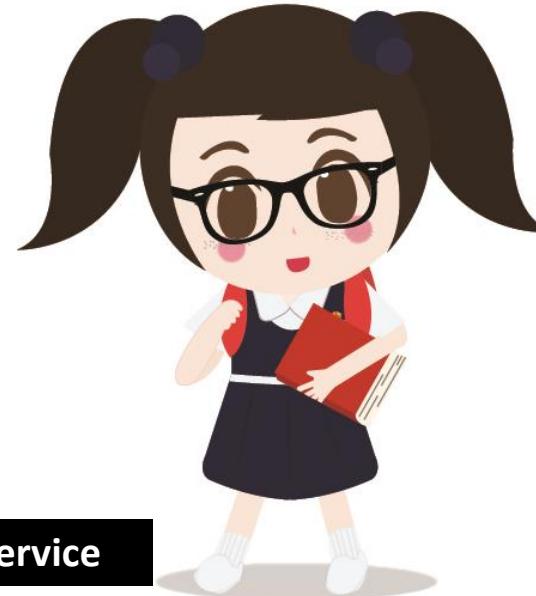


# Demonstrating an **Excellent Mindset** in the Co-curriculum

## Leadership

**(Level 3)** At least a...

- Class Monitor
- Peer Support Leader
- Peer Lite
- Prefect
- LS CCA chairperson / Vice-chairperson
- LS CCA Exco
- US CCA Comm
- LS House Captain/ Vice-Captain
- US House Comm
- UG Sergeant
- Chairperson / Vice chairperson for GLYW project
- Committee member for school-wide events
- NYAA (Silver)



## Service

**(Level 5)** Completed at least 24 hours of service through...

- **Sec 1 & 2 Local FIS**
- **Sec 3 GLYW** (student-initiated VIA project)
- **Sec 4/5 CNY FIS** that impact the community beyond the school

## Achievement

**(Level 3)** Represented school for ...

- **2 years** in local or external events

## Participation

**(Level 4)** Participated in CCA

- **for 4 years with at least 75% attendance for each year**
- Demonstrate exemplary conduct and active contribution (*Demonstrate 'Very Strongly' in most behaviour traits across the 5 HEART values. (\*Refer to "Translating Values to Behaviours" in Annex)*)



# Highlights of Semester 1

January	February	March	April	May	June
START Right Programme CCA Fair Meet-The-Parents Sessions National School Games Opening	Sec 4/5 LNY Carnival for the elderly Tea with YHs Friendship Day / Total Defence Day MTFN events Student Leaders' Badging Ceremony	Sec 3 NRIC Registration <b>Sec 3 MOE-OBS</b> Sec 4/5 ApLM	PL110 Musical Montage Religious Emphasis Week S4/5 Oral Exams	Sec 2/3 Overseas Cultural Immersion Trip to S. Korea Student Leaders' Dedication Service Sec 4/5 MTL Intensive PIT-STOP Programme PL110 Family Day & Carnival	O Level MT Paper



# Highlights of Semester 2

July	August	September	October	November
MT O level LC exam	O level Prelims	4N intensive lessons	O Level Exams	O Level Exams
National Oral Exams	National Day Celebrations	N Level Exams	Wrap Up Programme	Cambridge Dinner
School Prelims		Baccalaureate Service & Graduation Day		
Tea with Year Heads				



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

11C ONE PERFECT 10 IN CHRIST  
1 CORINTHIANS 12:12

# Registration of National Registration Identity Card (NRIC) in School



Official (Closed) / Sensitive (Normal) - Do not circulate



# Registration of National Registration Identity Card (NRIC) in School

The registration exercise will be conducted on **9 March (Monday)** in school during school hours to provide greater convenience to our students.

ICA will be sending **notification letters** to students through their parents **2 weeks before** the appointment date.



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

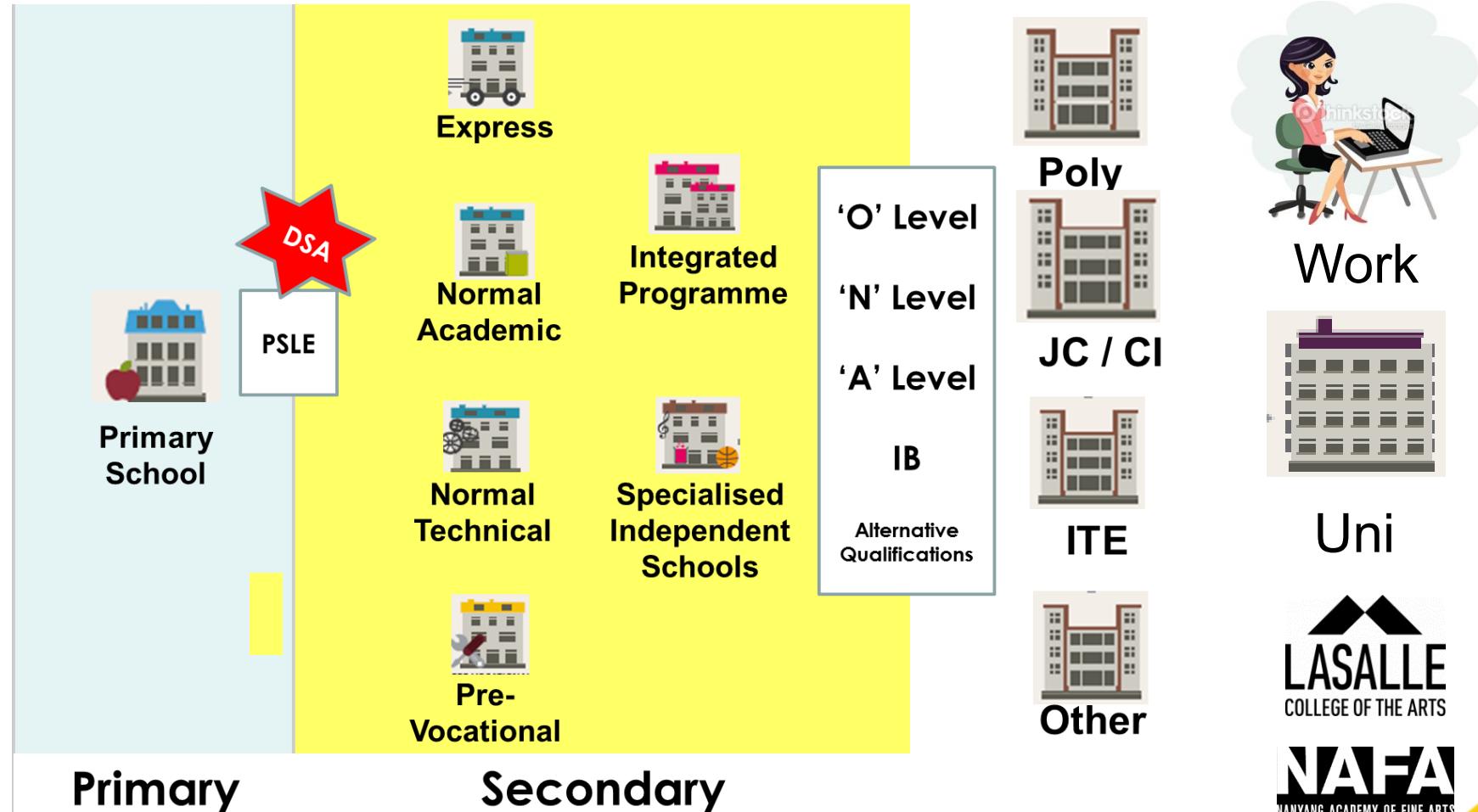


# The New Singapore Context - Full SBB



# Start Planning for Post-Secondary Education

For Sec 4/5s, for now...





# For Sec 3s

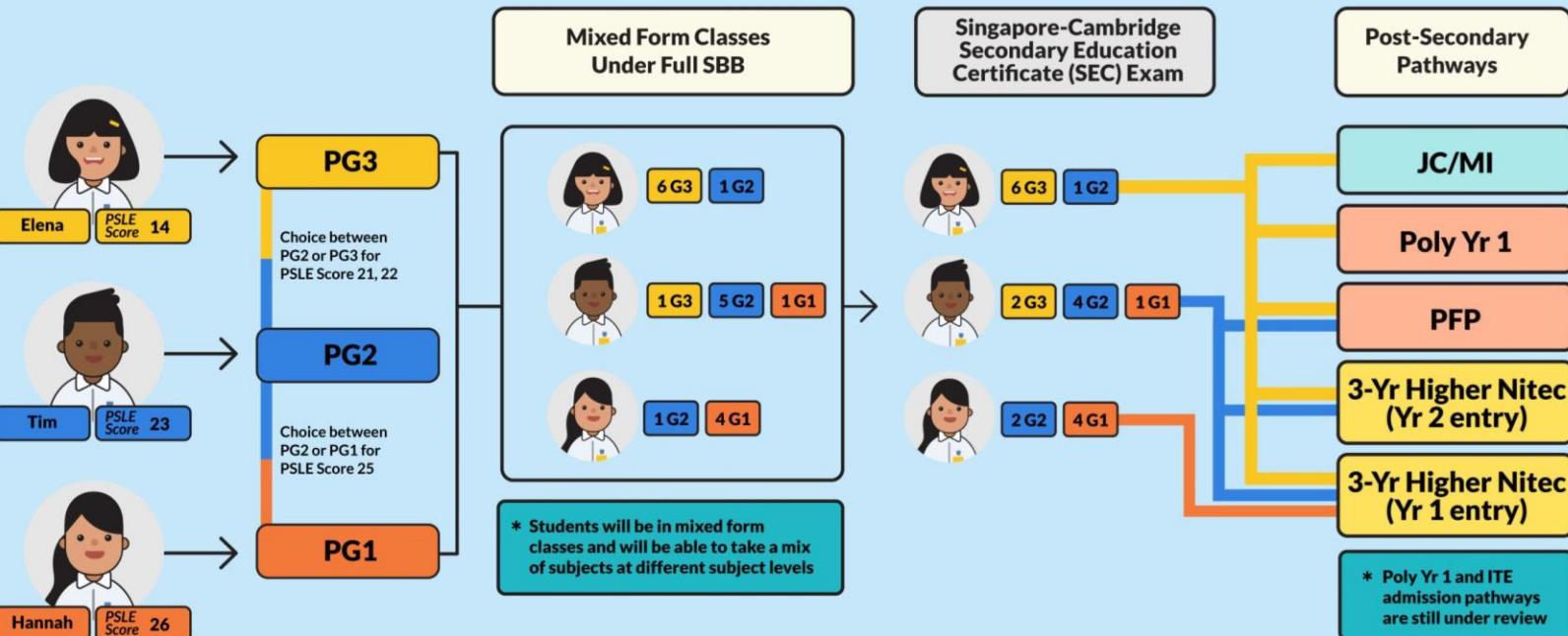
G3 subjects

G2 subjects

G1 subjects

## Secondary School Experience and Post-Secondary Pathways Under Full SBB

From 2024 Sec 1 cohort onwards, Posting Groups will be used to facilitate the admission of students to secondary schools. Once students are posted to Sec 1, they will have a school experience that better caters to their different strengths, interests, and learning needs, no longer distinguished by academic streams. There will be greater flexibility for students to customise their learning. Students will have more options for their post-secondary pathways, while ensuring they have strong fundamentals, and can thrive in their chosen pathway.





## **Revised subject requirements for JC admission from 2028**



L1R5 → L1R4

≤ 20

$\leq 16$

Component	Subjects	Current L1R5	From 2028 L1R4
L1	English or higher mother tongue language	✓	✓
R1	Any 1 best-scoring subject from Humanities	✓	✓
R2	Any 1 best-scoring subject from Mathematics or Science	✓	✓
R3	Any 1 best-scoring subject from Humanities, Mathematics or Science	✓	✓
R4	Any 1 best-scoring subject	✓	✓
R5	Any 1 best-scoring subject	✓	—
Qualifying threshold for JC eligibility		<b>20</b>	<b>16</b>



# Help your daughter develop Personal Agency

# Planning for Post-Secondary Education

<https://go.gov.sg/pljaecourses2025>

<https://www.myskillsfuture.gov.sg/content/student/en/secondary.html>

## COURSES OFFERED IN 2025 JAE

Use **SchoolFinder** at [www.moe.gov.sg/schoolfinder](http://www.moe.gov.sg/schoolfinder) to explore junior colleges and Millennia Institute.



Use **CourseFinder** at [www.moe.gov.sg/coursefinder](http://www.moe.gov.sg/coursefinder) to explore courses in polytechnics and ITE.



The screenshot shows the MySkillsFuture website's student section. At the top, there's a navigation bar with links for 'About', 'Know Yourself', 'World of Work', 'Education Guide', 'Help', 'Feedback', and 'Login'. Below the navigation is a banner with a video player showing students in a classroom setting. To the right of the video, there's a section titled 'About MySkillsFuture' with a sub-section about the Singapore Youth Flying Club. The sidebar on the right contains news items and links to various educational pathways and events.

**MySkillsFuture**



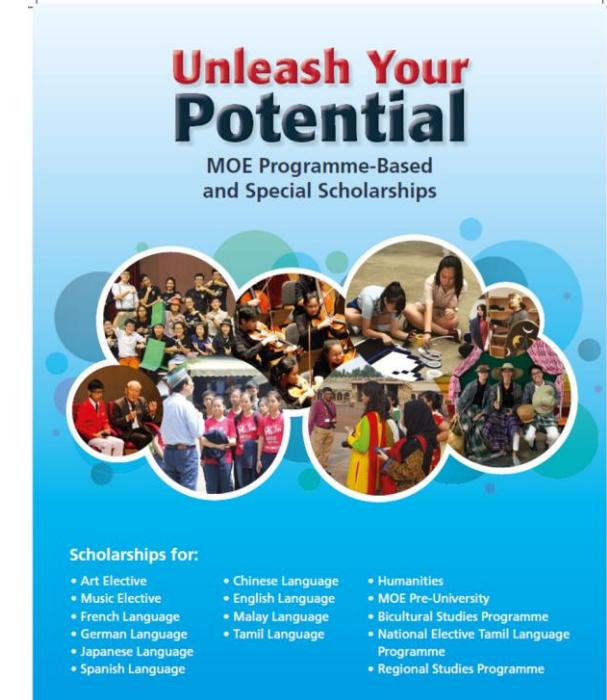
# Post-Sec Scholarships

## G3

- Humanities Scholarship
- Language Elective Scholarships
- Music Elective Scholarship
- Art Elective Scholarship (AES)
- Bicultural Studies Programme Scholarship
- Regional Studies Programme Scholarship
- Scholarships Offered by Polytechnics
- Scholarships Offered by Lasalle and NAFA

## G2

- Nursing Sponsorship for NITEC in Nursing
- SingHealth Nursing Sponsorship (NITEC)
- Singapore Olympic Foundation-Peter Lim Sports Scholarship
- Industry Scholarships For ITE Courses
- PFP Bursary



<https://www.plmgss.moe.edu.sg/curriculum/cce/post-secondary-scholarships/>



# Post-Sec Scholarships Application

Write-up and evidences required

- **JC DSA**
- **Poly/ITE EAE**

1. Candidate's Particulars
2. Academic Achievements
3. CCA Record
4. School's Assessment of Candidate's Character
5. Candidate's Personal Statement

Accompanying Documents

- GCE 'O' Level Certificate or Results Slip
- CCA Certificate for Secondary<sup>#</sup>
- Character Award Certificate (where applicable)<sup>#</sup>

**Conduct, Moral integrity, Care and concern for others, Resilience, Ability to work in teams and Contribution to school/ community/ society**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# Our Parents



# WHY ARE OUR PARENTS HERE TODAY?

## School

- What does the school stand for?
- What is in store for my child?

## Staff (People)

- Who are the people I will be working with?

## Support

- How can I, my family and my child be better equipped for this new journey?





# From Sec 2 to Sec 3...

## No Change

- Adolescence (12-18 yrs)
- Need protective factors



## Changes

- Physical, Social and Emotional Maturity
- Character Growth
- Leadership Growth
- Start thinking about future pathways
- World around them is changing

NEEDS



## Sec 3 – A Significant Adjustment Year

- New TG-mates, teachers
- Heavier curriculum and assessment expectations
- Seeking more independence. Stronger interest in and greater influence by peers.
- Questions authority and societal standards
- More extensive learning opportunities
- Stepping up to take on leadership roles





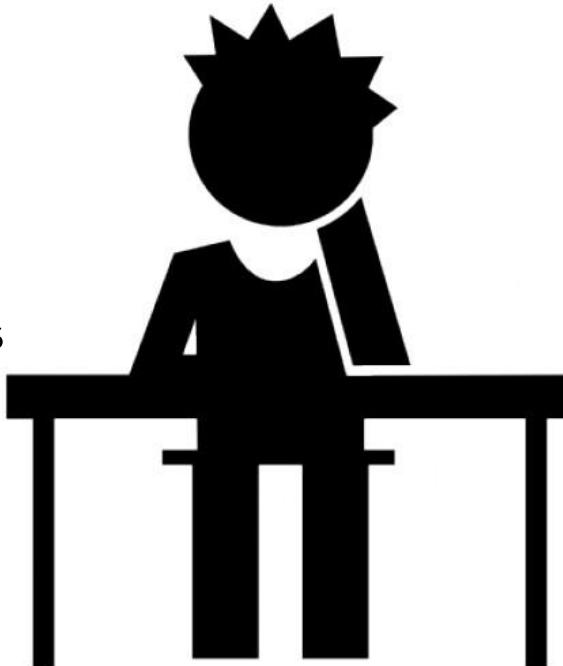
# Our Sec 4/5 PL-Lites in 2026

*Class FIS Project*

**GCE N & O Level  
Examinations**

**Extended Academic  
Programme & Night Study**

**CCA Competitions/NSF/Trainings**



**Prefect/CCA Leader/Peer-Lite  
Sports Leader**

**ECG and Motivation  
Workshops**

**Sports Day, Founder's Day etc.**

**Homework/ Tests/ Exams**

**Remedials, Consultations**



# In this season of high expectations...

## Stabilise your daughter with Protective Factors

**Protective factors** contribute to an individual's capacity to cope with challenges in life.



**Risk factors** increase the likelihood of developing a mental illness. As risk factors accumulate, more protective factors are needed to compensate for them.



# Positive Adjustment

## 1. Spend Quality Time (school & family)

- Be present
- Avoid talking about homework / tests / results over dinner
- Listen, ask and discuss, rather than tell
- Avoid making comparisons



# Positive Adjustment

## 2. Help our PL-Lites Discover their Strengths

- Help them discover who they are
- Guide them in recognising their strengths, interests and areas for growth



# Positive Adjustment

## 3. Build Resilience & Self-Efficacy

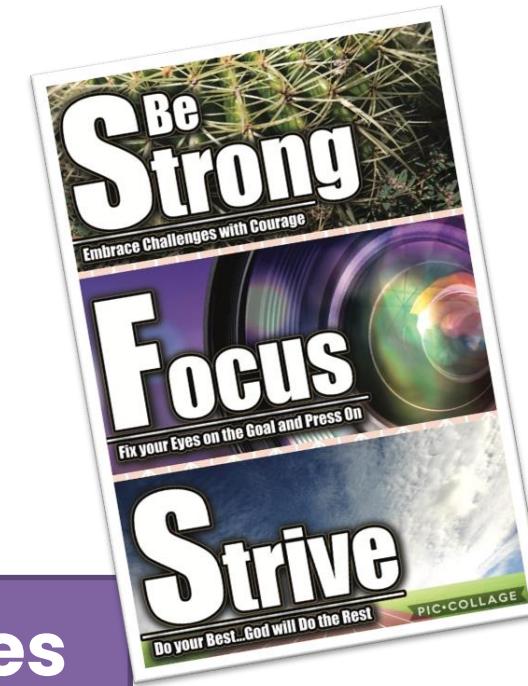
**Self - Care**

**Progress  
NOT  
Perfection**

**Space to  
problem  
solve**

### Build a growth mindset

- Ability can be grown through effort
- Setbacks and mistakes are opportunities for learning and growth
- Take feedback positively, not defensively
- Be inspired, not threatened, by others' success



**Effort x Right Strategies = Positive Outcomes**



# Positive Adjustment

## 4. Working Closely and Constructively with the School

- Reinforce school's expectations at home
- Share & discuss important information
- Teachers need time and space to do their job well, and encouragement too ☺
- Join the PSSG and other Parent Group (e.g. Praying Parents on Mondays)





# Positive Adjustment

## 4. Working Closely and Constructively with the School

### Homework:

Appreciate parents' partnership in the following

- Ensure that the students do **revision**.
- **Do the homework at appropriate time**, and not leave it to the last minute or the night before (just before bedtime).
- There should not be distractions from the handphone.



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# SUMMARY



# How can our PL-Lites achieve their Goals?

**ACADEMIC  
DEMANDS**

- TAKE OWNERSHIP OF THEIR LEARNING
- SEEK CLARIFICATIONS WHEN IN DOUBT EARLY
- BE CONSISTENT – BE PRESENT & PARTICIPATIVE IN CLASS

**HIGH  
EXPECTATIONS**

- POSITIVE (BE OPEN TO NEW EXPERIENCES)
- GROWTH MINDSET
- BE RESILIENT

**LESS TIME TO  
INDULGE**

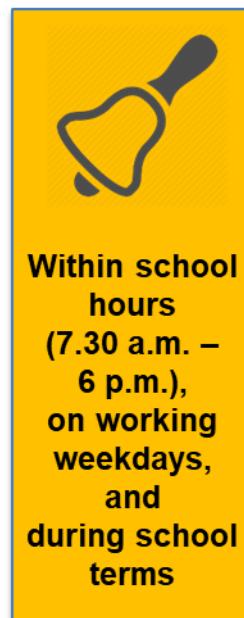
- TIME MANAGEMENT (PRIORITIES, BALANCE)
- MANGING PEERS & RELATIONSHIPS



# Keep in touch with the school

## Parents' Communications with School

<https://www.plmgss.moe.edu.sg/articles/guidelines-on-parents-communication-with-the-school>



Within school hours  
(7.30 a.m. – 6 p.m.),  
on working weekdays,  
and  
during school terms



Teachers are not expected to provide their personal mobile numbers



Urgent messages to teachers may be directed to the school's General Office



Appointments for face-to-face meetings made at least 3 days in advance



Response  
Time  
3-7-21



# Road Safety – Alighting Points

- Every morning more than 350 cars come into the School
- To ease traffic congestion, please use alighting points at:
  - Opposite Carpark @ HDB Bk 138 (beside Maplewood Park)
  - Carpark @ HDB Bk 134/135 (beside the School) (Upper Sec)
  - School Covered Carpark (Lower Sec)



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



# Bus driving strategy (6.45am - 7.30am)



<https://go.gov.sg/pl345mtp2025>

Official (Open) / Non-Sensitive



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# Thank You!