

# **Principal-Meets- Parents Programme Outline**

**Principal's Address, Ms Amy Ng**

**Sharing by ECG Counsellor, Ms Priscilla Chong**

**Interaction Time with Form Teachers (Classrooms)**



**2024 Meet-the-Parents**  
**Secondary 3**

**19 Jan 2024 (Friday)**  
**7.00 p.m.**



(for info) Removed slides on

- School Leaders and KP photographs – parents can refer to our school website for the information.
- <https://www.plmgss.moe.edu.sg/about-us/our-staff/staff-emails/>



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

## Sec 3 Form Teachers

Class	Form Teacher	Form Teacher
3.1	Ms Kirrthana	Ms Lim Shu Ping
3.2	Mrs Joyce Chong	Ms Reena Kaur / Ms Rachel Kam (from Apr)
3.3	Ms Natasha Nadia	Mdm Shi Fu Di
3.4	Ms Kong Pei Shan	Mr Divakaran
3.5	Ms Clarabelle Yeo	Mrs Lim Maggie
3.6	Ms Faezah Al Rashid	Mdm Olivia Low
3.7	Mrs Koh Mei Chin	Ms Tan Yi Na / Mr Leung Lok Heng
3.8	Ms Chen Wenjuan	Mdm Hee Yeun Jen



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



- No photography
- No videography
- No disclosure / circulation





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# CONTENT

## 1. Our 2024 Focus

- What we can look forward to...

## 2. Our Total Curriculum – 2024 highlights

## 3. The New Singapore Context – Full SBB

## 4. Our Parents



**PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)**

# Our 2024 Focus



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

## **Vision**

An outstanding school of choice producing women of fine character with a passion for life and learning

## **Mission**

To nurture every PL-Lite into a whole person who lives in favour of God and man

## **H.E.A.R.T. Values**

- Honour God
- Excellence (Mindset)
- Adaptability
- Respect
- Thankfulness







PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Level Outcomes



**SEC 1**  
**iDiscover**  
Discover PL and  
Build Relationships  
with Teachers and  
Peers.

**SEC 2**  
**iAspire**  
Aspire to be the Best  
Version of Myself

**SEC 3**  
**iInfluence**  
Seek to be a Positive  
Influence in Class and  
Take Responsibility  
for Own Learning

**SEC 4**  
**iInspire**  
Inspire a Sense of  
Hope Through Service  
to Others



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

- (for info) Removed slides on:
- School Strategy Map
- School Culture definitions



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# **GCE N and O Level Results**

*PL Family adding value together...*



(for info) Removed slides on

- GCE N and O Level Results and Good Stories
- Please refer to the school website for details:
  - <https://www.plmgss.moe.edu.sg/announcements/nlevelresults2023/>
  - <https://www.plmgss.moe.edu.sg/announcements/o-level-results2023/>



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

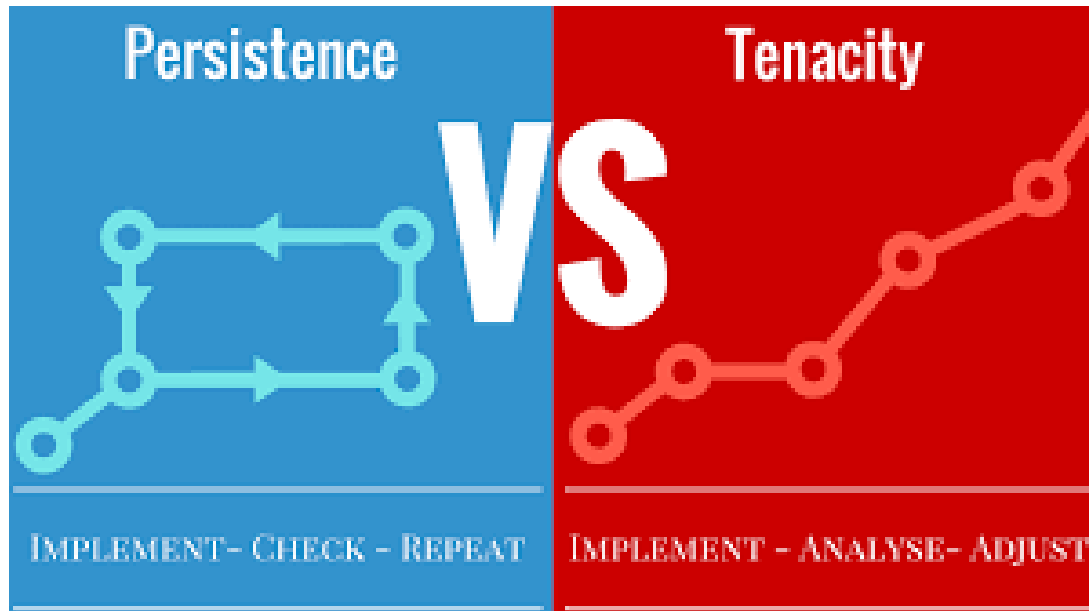
(for info) Removed slides on

- LEAPS outcome





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



Discipline leads to habits.  
Habits lead to consistency.  
Consistency leads to growth.



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Purpose of Schooling



  
- 2024 Year Theme -  
**Be True, Pure, Strong and Brave**

“  
Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.  
”

Philippians 4:8

## About Ministry of Education, Singapore

The Education Service's Mission is to  
*mould the future of the nation.*



MOE's vision:  
*"Thinking Schools, Learning Nation"*

## Research shows:

- **Profession**
- **Performance**
- **Progression**
- **Person**
- **People**
- **Passion**

# PL JOURNEY

START

JANUARY

**START OF YEAR**

**START RIGHT**

**S**trategise

**A**dapt

**R**elationships

**T**eamwork

PIT  
STOP

MAY

**MID YEAR**

**PIT STOP**

**R**efuel

**R**eflect

**R**efocus

Official(Open)/Non-Sensitive



OCTOBER

**END OF YEAR  
WRAP UP  
CELEBRATION**

**We**

**R**echarge

**R**eflect

**A**ffirm & **P**lay



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# 2024 Theme & Directions

*What we can look forward to?*





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



- 2024 Year Theme -

## Be True, Pure, Strong and Brave

“

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.

Philippians 4:8

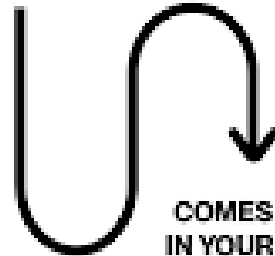




# 2024 Theme: **Be True, Pure, Strong and Brave**



WHAT GOES INTO YOUR MIND



COMES OUT IN YOUR LIFE.



1. Be a bold risk-taker
2. Make failures matter
3. Reach beyond your bubble
4. Let urgency conquer fear



PL's	Year	Theme	Theme Verse	Theme Song	Inspiration
108 <sup>th</sup> Year	2024	Be True, Pure, Strong and Brave	<p>“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.”</p> <p style="text-align: right;">Philippians 4:8 [NIV]</p>	<p>Little by Little:  <a href="https://www.youtube.com/watch?v=40nUuRVbDmo">https://www.youtube.com/watch?v=40nUuRVbDmo</a></p> <p>Lyrics:            Little by little everyday            Little by little in every way            Jesus is changing me,            He's changing me.            Since I made that turn about face            I've been growing in His grace            Jesus is changing me.</p> <p>He's changing me, my precious Saviour            I'm not the same person that I used to be            Well, it's been slow going            But still there's knowing            That someday perfect I will be. ....</p>	<p>Inspired by Our <b>School Creed</b></p> <p>Stanza 1            I would be <b>true</b> for            there are those who            trust me            I would be <b>pure</b> for            there are those who            care            I would be <b>strong</b> for            there is much to            suffer            I would be <b>brave</b> for            there is much to dare.</p>

# 2024 Welcome Gift – Pocket Mirror



1. Being a reflection of God – To represent God through our thoughts, our words, and our actions
2. Importance of Self-Reflection – To grow in truth, purity, strength and courage.

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PAYA LEBAR METHODIST GIRLS' SCHOOL

Paya Lebar MGSS  
2024 Semester 1 (Even Week)

Name



Class : Sec 31 (02)  
Combi : 3E2B

Individual TT

Subject Offered	A MATHS HIST	3PH1	BIOLOGY HUM(GE)	3BI2 35G2	CHEMISTRY HUM(SS)	3CH3 3552B	CL MATHS	3M33	EL1	3E03
	MON		TUE		WED		THU		FRI	
0 07:30 - 07:40	Flag Raising	31			Flag Raising	31			Flag Raising	31
1 07:40 - 08:10	Assembly	31			Assembly	31			LIVE	31
2 08:10 - 08:45	Pastoral Care	31	Flag Raising Assembly		3.3CR A MATHS		Flag Raising Assembly			
3 08:45 - 09:20	3.3CR CHEMISTRY	3CH3	CL				3.3CR HUM(SS)		3552B	31
4 09:20 - 09:55					Recess	31			3.3CR EL1	3E03
5 09:55 - 10:30	CL		3.3CR EL1	3E03	3.3CR EL1	3E03	Ch Lab 1 CHEMISTRY		3CH3	31
6 10:30 - 11:05										
7 11:05 - 11:40	Recess	31	3.3CR HIST	3PH1	CL		Recess		31	3.3CR BIOLOGY
8 11:40 - 12:15	3.3CR A MATHS				3.3CR BIOLOGY	3BI2	B Lab 2 BIOLOGY		3BI2	
9 12:15 - 12:50			LUNCH		31	3.3CR HIST	3PH1			31
10		31	3.3CR			31	3.3CR		3.3CR	3552B






PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# 2024 School Monthly Themes

**MONTHLY THEMES 2024**



<b>Jan</b> Be True, Pure, Strong and Brave	<b>Feb</b> Be True to Serve and Shine	<b>Mar</b> Be Pure in Thoughts, Speech and Actions
<b>Apr</b> Be Strong in Overcoming Adversities	<b>May/Jun</b> Be Brave to Step Out in Faith	<b>Jul</b> Be an Example for All
<b>Aug</b> Be a Light to Your World	<b>Sep</b> Be Focused on Our Purpose	<b>Oct</b> Be Thankful!

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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Our Total Curriculum



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# 德 智 体 群 美

Morals, Intellect, Physical body, Team spirit, Aesthetics



**Holistic Education**

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# TOTAL CURRICULUM

**TOTAL**

**C**urriculum **L**earning content **A**ssessment **P**edagogy **S**taff

Learning Content<sup>1</sup> (Knowledge, Skills, Values or attitudes)

*What should my students learn?*



Curriculum

*How should my students learn?*

Pedagogy<sup>2</sup>

*Did my students learn it?*

Assessment<sup>3</sup>

Staff: guided by Singapore Teaching Practice (STP)



Learners Disposition: PEARLS

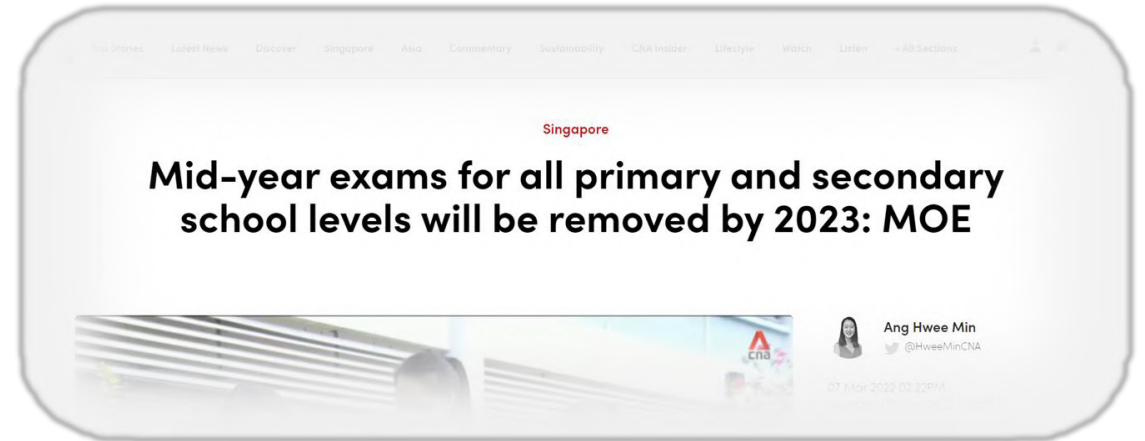
Total Curriculum					
Curriculum Programme (CP)				Co-curriculum Programme (CCP)	
Languages	Science		Mathematics	CCA	CCE
	Aesthetics	Humanities	PE		School-based programmes
			Design & Technology		



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Instructional Programmes

1. Upper Secondary Expectations
2. Assessment in 2024
3. Building Academic Foundation over 2 years



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# Upper Secondary Expectations

- Preparation starts **NOW**. Set realistic targets.
- It is a 2-year programme – for ALL Courses.
- At least **60%** of assessment content will be covered in Sec 3.
- Foundation is very important.







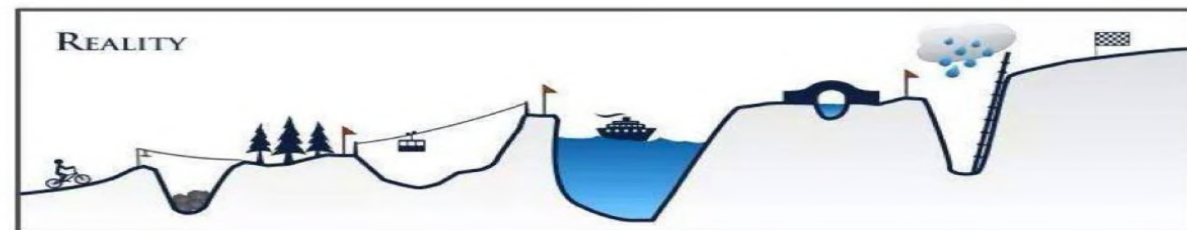
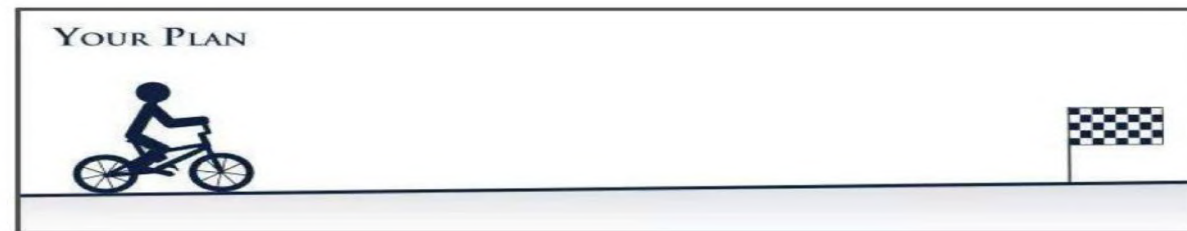
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# Upper Secondary Expectations

## Goals vs Distractions



## Result Expectations vs Realities





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# Assessment Plan 2024

## Modes of Assessment

- Both formative and summative assessments in the form of class assignments, tests and examinations are planned to enable each student to evaluate and chart progress of her learning in consultation with her teachers.

	Term 1	Term 2	Term 3	Term 4
Sec 1-3	10% - 1 WA through Alternative Assessment or test	15% - 1 WA through Alternative Assessment or test	15% - 1 WA through Alternative Assessment or test	60% - EOY Exam
Sec 4/5	1 WA through Alternative Assessment or test	1 WA through Alternative Assessment or test	Prelim Exam	GCE N/O Level Examinations





# 2024 Assessment - FAQs

## When will students & parents receive the assessment feedback?

- Students will receive their assessment feedback once the grading is completed. Students will discuss and review the feedback and learning in class with their teachers. Students are encouraged to share their learning and performance with their parents/guardians. Parents/Guardians will receive your daughter/ward's Term 1 Result Slip at the start of Term 2.

## What if I am unwell and absent for my assessments?

- For WAs - Should a student be absent on the day of WA, she will need to provide a **valid Medical Certificate\***. She will receive the assessment papers for self timed-practice and 'MC' status will be indicated for the paper. (\*Noted that: An MC that is issued by a Chinese Physician and letter of excuse from parent are **INVALID**).
  - NO MAKE-UP TEST will be conducted in the Science Lab
- For Exam - Should a student be absent on the day of exam paper, she will need to provide a **valid Medical Certificate**, a 'MC' status will be indicated for the paper. A student who is absent from an examination without a MC will get an '**AB**' status (equivalent to zero mark attainment).



# Promotion Criteria – Sec 3 to 4/5

<b>Express</b>	<b>A Pass in English <u>and</u> 2 other subjects</b>
<b>Normal (Academic)</b>	<b>A Pass in English <u>and</u> 2 other subjects <u>or</u> a pass in 4 subjects</b>
<b>Normal (Technical)</b>	<b>A Pass in 2 subjects, one of which should be EL or Mathematics</b>
<b>*Refer to the School Diary for more details</b>	



# Character & Citizenship Education

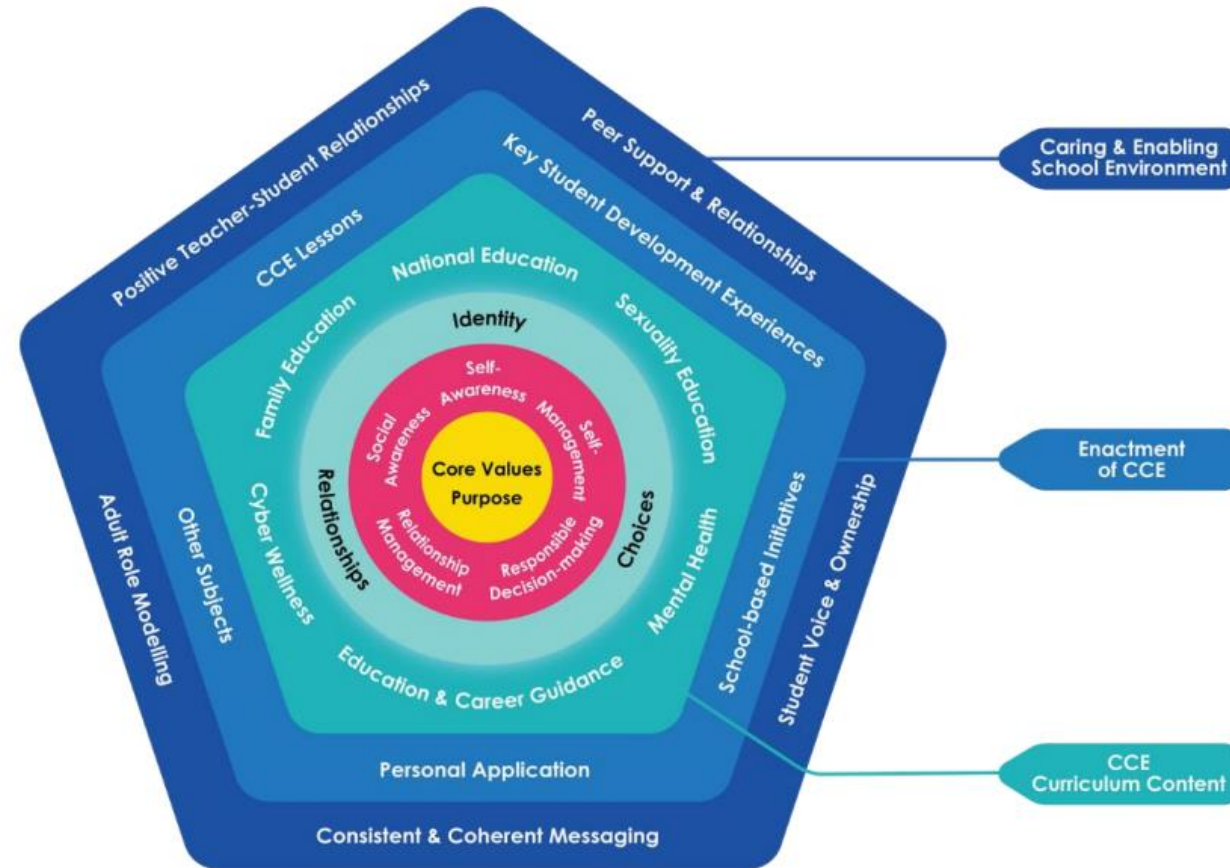


Figure 2: The CCE 2021 Curriculum Frame  
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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# MOE-OBS CHALLENGE PROGRAMME 4D3N 5-8 Feb



Ministry of Education  
SINGAPORE



## Outdoor Adventure Learning Experiences for all

Lower Primary	Upper Primary	Lower Secondary	Upper Secondary
Outdoor Education in Physical Curriculum			
Active and healthy lifestyle Social and emotional competencies			
Programme for Active Learning (Outdoor Education)	1 Outdoor Adventure Learning (OAL) camp	1 Outdoor Adventure Learning (OAL) camp	MOE-OBS Challenge Programme
Social and emotional competencies Resilience, ruggedness and social cohesion			





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Nature of Programme

- Residential programme
- Expeditionary in nature
- Students learn to overcome physical and mental challenges
- Take ownership through involvement in responsible planning and decision making



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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# REGISTRATION OF NATIONAL REGISTRATION IDENTITY CARD (NRIC) IN SCHOOL FOR 15-YEAR-OLDS



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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Registration of National Registration Identity Card (NRIC) in School

The registration exercise will be conducted on **4 March (Monday)** in school during school hours to provide greater convenience to our students.

ICA will be sending **notification letters** to students through their parents **2 weeks before** the appointment date.

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PA



CULTURE IS A PROCESS.  
A STRONG CULTURE IS BUILT UPON  
GOOD **HABITS & ROUTINES.**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Building Good Habits through **EFFECTIVE ROUTINES**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# PL-Lites in the Classrooms

| WEDNESDAY, APRIL 19, 2017 | THE STRAITS TIMES |

## Eager students = eager teachers

Study finds that teachers are motivated to teach when children show interest in learning

Calvin Yang

A Teacher's Day card is nice, but what really motivates a teacher is students who are keen to learn.

And such a teacher is likely to be more driven to teach, a National Institute of Education (NIE) study found after 1,549 secondary school students and 225 teachers were surveyed last year.

It starts with the teacher creating a conducive environment for students to feel motivated to learn in, said Professor John Wang, who leads NIE's Motivation in Educational Research Lab, a centre that translates research findings on motivation into practical guides for teachers and practitioners in Singapore.

"The source of motivation for the teachers comes from the students. When we go into classrooms, if we feel that the students are eager to learn, that gives us the energy to do more for them," he said.

To create the right environment, teachers have to understand their students' needs, explain the rationale behind certain tasks and provide avenues for students to seek help, he said.

While most studies have focused on what motivates students, teachers' motivations have been largely ignored. The findings showed teachers are also motivated when they have more autonomy in their teaching and methods instead of be-

ing restricted, and this leads to a better understanding of their charges. On the flip side, stress on the job can negatively influence the level of support a teacher gives his students. The usual stress factors came up in the study - students' performance, time constraints in covering the syllabus and pressure from the school authorities.

The study proposed that teachers be evaluated on their teaching, and not on their students' performance.

"We do have to empathise with the role of a teacher a little bit more," said Prof Wang, "if we keep on piling on all the administrative work and all the other things, it is difficult for them to do their core job."

The study, which began in January last year and was completed last month, looked at factors influencing the teachers' motivational levels, which can affect the learning climate they create in the classrooms.

The students were asked a series

of questions, including how much they enjoyed a particular class and the pressure they feel in that class. The teachers answered questions on their personalities, perceived job pressures faced and perceptions towards students, among other things.

"Teachers draw energy from their students when they are teaching," said Prof Wang. "If they can focus on creating a conducive learning environment, both teachers and students will experience the joy of teaching and learning."

Mr Bernard Lim, 59, a former teacher with about 20 years of experience, said students' persistent desire for more of any subject "would definitely drive the teacher to work harder".

He said teachers need to be entrusted with more autonomy. "Curriculum also has to include relevant and purposeful activities which enhance pupils' life skills," he added.

Julian Bosar GRC MP Denise Pua, who heads the Government Parli-



In order to create the right learning environment, teachers have to understand their students' needs, explain the rationale behind certain tasks, and provide avenues for students to seek help, says NIE's Prof John Wang. ST PHOTO: JONATHAN CHEE

### POSITIVE VIBES

The source of motivation for the teachers comes from the students. When we go into a classroom, if we feel that the students are eager to learn, that gives us the energy to do more for them.



PROFESSOR JOHN WANG, who leads NIE's Motivation in Educational Research Lab, a centre that translates research findings on motivation into practical guides for teachers and practitioners in Singapore.

mentary Committee for Education, said the role of a teacher is no longer primarily a dispenser of knowledge. "Their role must transform to that of a curator of learning content, life coach in values and character building, and designer of effective learning experiences."

cof@nie.edu.sg



# Building Good Habits through EFFECTIVE ROUTINES

## PEARLS (for Pupils)



All teachers (FTs & Subject teachers) will co-construct expectations & consequences with students.

## Blended Learning Routines

Regular classroom routines with the use of PLD



**C**

### Charge PLD Fully

- Charge your PLD fully before coming to school
- Be ready with your PLD at the start of lesson



**H**

### Highlight issues to Peers, Teachers or ICT Support Team

- Seek help from peers
- Ask teachers if assistance is needed
- Approach ICT Support Team to troubleshoot technical issues



**A**

### Alert in Safeguarding PLD & School Materials

- Do not leave your PLD unattended
- Protect PLD via Device Care Management
- Use a 1-bag system to place PLD & all lesson materials



**M**

### Manage Wi-Fi, Email & Online Lessons

- Check that your Wi-Fi is turned on and check your email regularly
- Actively learn and be self-directed
- Access online lessons & complete them promptly



**P**

### Protect Password

- Remember your password and keep it safe
- If you forgot your MIMS Password, reset it on <https://mims.moe.edu.sg>



**S**

### Screen Down Fully & Listen to Instructions

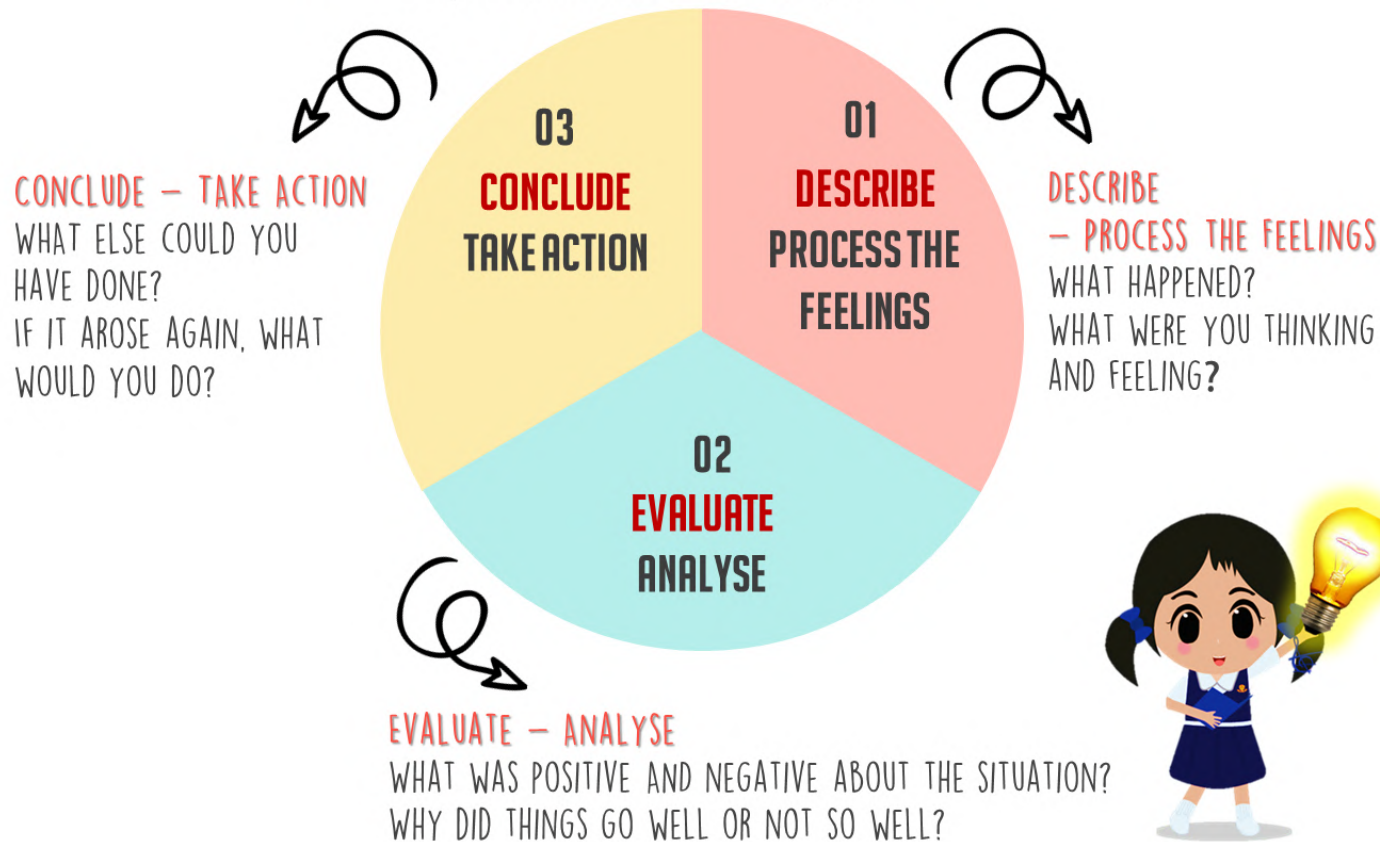
- Place your screen down fully when teacher is giving instructions



# Building Good Habits through EFFECTIVE ROUTINES

## 3 Stage Reflection Cycle


Adapted from the Gibbs Reflective Cycle




**Reflection Routine:  
Making sense of the  
lessons, SDEs and other  
school experiences in a  
meaningful way.**

# Building Good Habits through EFFECTIVE ROUTINES




**Mighty Ruth's**  
**POSITIVE SELF TALK**  
*Be Strong Focus Strive*




**I CAN 'GROW' MY BRAIN**  
Our brains are like our muscles. The **more** we use them, the **better** and stronger our brain gets.  
We believe we can all learn and achieve.



**I CAN LEARN FROM MY MISTAKES**  
Mistakes are opportunities for us to learn.  
We can identify and acknowledge our weaknesses and emotions.  
We can listen to feedback and work on improving.  
We can plan for follow up actions after reflecting from our experiences.





**I CAN'T ..... YET!**  
If we cannot achieve now, it does not mean it is permanent.  
We can set goals and take steps to **improve** ourselves.



**I CAN RISE UP TO A CHALLENGE**  
We see new experiences as **CHALLENGES** and they are **OPPORTUNITIES** to learn and grow.  
We persevere during challenges and pursue our own personal excellence.

**I AM NOT ALONE!**  
We can **ask for help** and get support from family and friends.  
We can learn **better and achieve more** when we have help.



Refer to Mighty Ruth's Positive Self Talk

Write a goal which will bring you closer to your Best Possible Self.

-----  
Use the MR Positive Self Talk to overcome the possible obstacles.

Possible Obstacles

Positive Self Talk Responses

**Positive Self Talk Routines to build a GROWTH MINDSET.**



# Building Good Habits through EFFECTIVE ROUTINES

A Common Identity/Vision for the Class  
to work towards.

## Illuminators

POSITIVE VIBES, EMBRACE DIVERSITY,  
ADAPTABILITY

2024 - 2026

CREDITS: CANVA.COM

**1 WORD** which encapsulates your  
**CLASS VISION + VALUES**

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# Passionate about CCAs, motivated to study

REPORT: LIM YUFAN  
limyufan@spoh.com.sg

YOU can pursue your passion and still get good grades.

Abigail Lim, Alison Han and Karthigha Pon Rajoo, who are student leaders at Paya Lebar Methodist Girls' School (Secondary), are living examples.

The 16-year-olds topped the school in the O-level exams, despite being heavily involved in co-curricular activities (CCAs).

Abigail, who is her school's top scorer with eight A1s, is a prefect and the vice-president of the harp ensemble. She is also the student in charge of Campus ChangeMakers, a student body that organises community service projects for the less privileged.

"I'm very happy to have joined the harp ensemble because through it, I've learnt a new skill," said Abigail. "Music is a form of

Ms Annabella Ong, Abigail's English Language teacher, said she had displayed strong leadership qualities, organising meetings among Campus ChangeMakers on her own and delegating work with minimal input from the teachers.

Madam Connie Ng, Abigail's mother, believes that the reason behind her good results is constant revision.

## Self-motivated

"I do not push her because she is very self-motivated," said Madam Ng, who is a childcare teacher. "She doesn't study past 11 pm and relaxes by playing the piano whenever she feels stressed."

Alison and Karthigha, who have eight and seven A1s respectively, are two of the other top scorers from the school.

Together with Abigail, Alison was awarded the Colours Award by the school, in recognition of their outstanding leadership abilities.



**HIGH-FLIERS:**  
(From left) Paya Lebar Methodist Girls' School (Secondary) students Karthigha Pon Rajoo, Abigail Lim and Alison Han.  
TMP PICTURE: GARY GON

their CCAs.

Alison, the vice-president of the English Literary, Drama and Debating Society, has acted in many of the school's plays and musicals.

Alison said she always looks forward to going for the society as she loves to act and is happy to be with her friends.

"I feel like it is normal for me to act," said Alison, who is also a member of the Prefectorial Board's executive committee. "It is through acting that I express myself better."

As for Karthigha, she has shown eloquence by winning Sorkalam, a national Tamil debate competition, in 2010.

"Through taking part in oratorical competitions, I've gained a lot of confidence in myself," said Karthigha. "It has also helped me in my Tamil, for which I got an A1."

Karthigha, who also has a love of photography, has entered photography competitions as a member of the school's Media and IT Club.

All three girls intend to enrol in junior colleges as they want to keep their passions alive.

# Holistic Education in PLMGS





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# LEAPS 2.0 points

LEAPS 2.0 is a framework to recognise secondary school students' holistic development.

Students will be recognised with levels of attainment in four domains:

- **L**eadership,
- **A**chievement,
- **P**articipation and
- **S**ervice



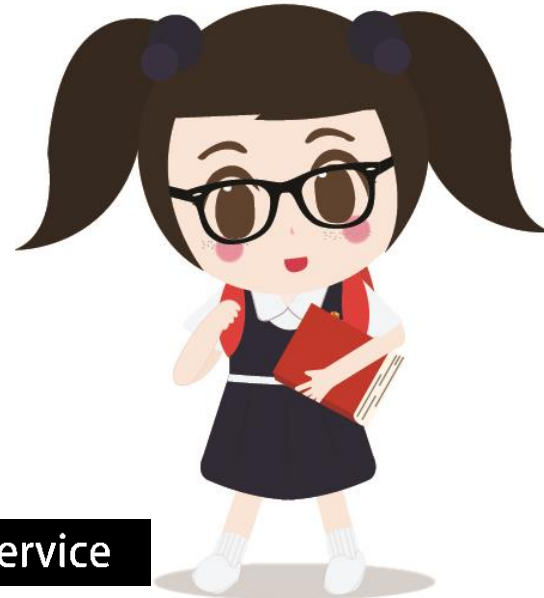
PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Demonstrating an Excellent Mindset in the Co-curriculum

## Leadership

**(Level 3)** At least a...

- Class Monitor
- Peer Support Leader
- Peer Lite
- Prefect
- LS CCA chairperson / Vice-chairperson
- LS CCA Exco
- US CCA Comm
- LS House Captain/ Vice-Captain
- US House Comm
- UG Sergeant
- Chairperson / Vice chairperson for GLYW project
- Committee member for school-wide events
- NYAA (Silver)



## Service

**(Level 5)** Completed at least 24 hours of service through...

- **Sec 1 & 2 Local FIS**
- **Sec 3 GLYW** (student-initiated VIA project)
- **Sec 4/5 CNY FIS** that impact the community beyond the school

## Achievement

**(Level 3)** Represented school for ...

- **2 years** in local or external events

## Participation

**(Level 4)** Participated in CCA

- **for 4 years with at least 75% attendance for each year**
- Demonstrate exemplary conduct and active contribution (*Demonstrate 'Very Strongly' in most behaviour traits across the 5 HEART values. (\*Refer to "Translating Values to Behaviours" in Annex)*)



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Conduct Grade 2024



- (for info) Removed slides on
- Conduct grade
- Please refer to student handbook page 20



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# The New Singapore Context





## PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

(for info) Removed slides on

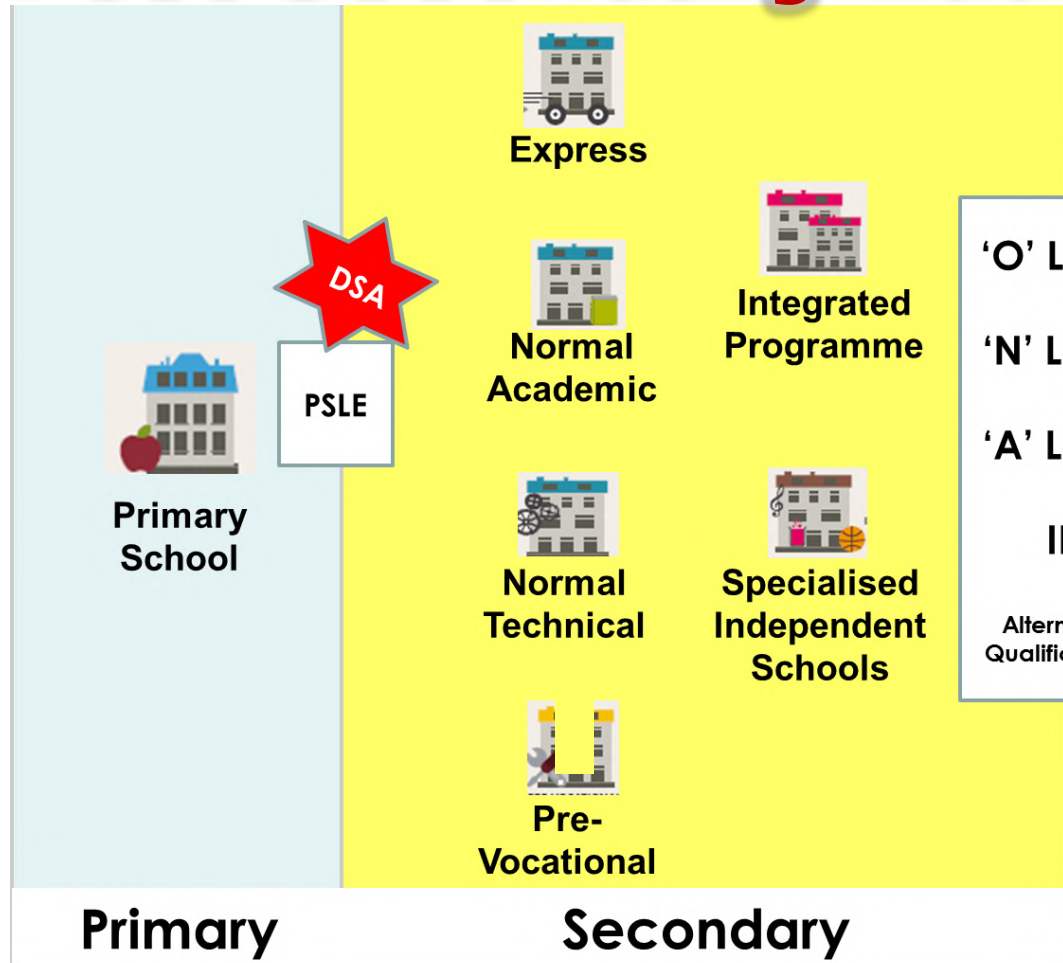
- Full Subject-Based Banding (FSBB)
- Please refer to the MOE website for the latest on FSBB
- <https://www.moe.gov.sg/microsites/psle-fsbb/full-subject-based-banding/main.html>



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Start Planning for Post-Secondary Education

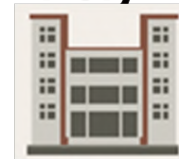
FOR NOW...



'O' Level  
'N' Level  
'A' Level  
IB  
Alternative Qualifications



Poly



JC / CI



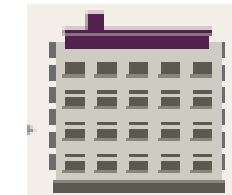
ITE



Other



Work



Uni



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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Post-Sec Scholarships

## Exp / NA

- MOE Pre-University Scholarship
- Art Elective Scholarship
- MOE Humanities Scholarship
- Language Elective Scholarships
- Music Elective Scholarship
- Regional Studies Programme Scholarship
- DSTA Scholarship
- Cluster Sponsorship - Nursing (Diploma)
- Polytechnic Foundation Programme (PFP) Profession – Nursing
- Sailors' Society - MaritimeONE Scholarship
- BCA-Industry Built Environment Diploma Scholarship / Sponsorship
- Scholarships Offered by Polytechnics
- Scholarships Offered by Lasalle and NaFa

## NT

- Community Development Council & Citizen's Consultative Committee-Institute of Technical Education (CDC & CCC-ITE) Scholarship
- BCA-Industry Built Environment ITE Scholarship
- Nursing Sponsorship for NITEC in Nursing
- SingHealth Nursing Sponsorship (NITEC)
- Singapore Olympic Foundation-Peter Lim Sports Scholarship
- Industry Scholarships For ITE Courses

<http://plmgss.moe.edu.sg/instructional-programmes/post-secondary-scholarships>

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**Unleash Your Potential**  
MOE Programme-Based and Special Scholarships

Scholarships for:

- Art Elective
- Music Elective
- French Language
- German Language
- Japanese Language
- Spanish Language
- Chinese Language
- English Language
- Malay Language
- Tamil Language
- Humanities
- MOE Pre-University
- Bicultural Studies Programme
- National Elective Tamil Language Programme
- Regional Studies Programme



# Post-Sec Scholarships Application

Write-up and evidences required

- **JC DSA**
- **Poly/ITE EAE**

1. Candidate's Particulars
2. Academic Achievements
3. CCA Record
4. School's Assessment of Candidate's Character
5. Candidate's Personal Statement

## Accompanying Documents

- GCE 'O' Level Certificate or Results Slip
- CCA Certificate for Secondary<sup>#</sup>
- Character Award Certificate (where applicable)<sup>#</sup>

**Conduct, Moral integrity, Care and concern for others, Resilience, Ability to work in teams and Contribution to school/ community/ society**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

# Our Parents





# WHY ARE OUR PARENTS HERE TODAY?

## School

- What does the school stand for?
- What is in store for my child?

## Staff (People)

- Who are the people I will be working with?

## Support

- How can I, my family and my child be better equipped for this new journey?





# From Sec 2 to Sec 3...

## No Change

- Adolescence (12-18 yrs)
- Need protective factors



## Changes

- Physical, Social and Emotional Maturity
- Character Growth
- Leadership Growth
- Start thinking about future pathways
- World around them is changing

NEEDS



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

## Sec 3 – A Significant Adjustment Year

- New TG-mates, teachers
- Heavier curriculum and assessment expectations
- Seeking more independence. Stronger interest in and greater influence by peers
- Questions authority and societal standards
- More extensive learning opportunities
- Stepping up to take on leadership roles





## **Sec 3 – A Significant Adjustment Year**

### **Helping our PL-Lites Self-Regulate and See Possibilities**

- **Facilitate self-regulation**
  - Time management
  - Balance priorities
  - Monitor progress
  - Manage conflicts
- **Be open to new experiences**



# Positive Adjustment

## 1. Build Resilience & Self-Efficacy

Self - Care

Progress  
NOT  
Perfection

Space to  
problem  
solve

### Build a growth mindset

- Ability can be grown through effort
- Setbacks and mistakes are opportunities for learning and growth
- Take feedback positively, not defensively
- Be inspired, not threatened, by others' success

**Effort x Right Strategies = Positive Outcomes**

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# Positive Adjustment

## 2. Help our PL-Lites Discover their Strengths

- Help them to discover who they are
- Guide them in recognising their strengths, interests and areas for growth



# Positive Adjustment

## 3. Spend Quality Time (school & family)

- Be present
- Avoid talking about homework / tests / results over dinner
- Listen, ask and discuss, rather than tell
- Avoid making comparisons



# Positive Adjustment

## 4. Working Closely and Constructively with the School

- Reinforce school's expectations at home
- Share & discuss important information
- Teachers need time and space to do their job well, and encouragement too 😊
- Join the PSSSG and other Parent Group (e.g. Praying Parents on Mondays)





# Positive Adjustment

## 4. Working Closely and Constructively with the School

### Homework:

Appreciate parents' partnership in the following

- Ensure that the students do **revision**.
- **Do the homework at appropriate time**, and not leave it to the last minute or the night before (just before bedtime).
- There should not be distractions from the handphone.



# Keep in touch with the school

## Parents' Communications with School

- a) Parents Gateway
- b) Termly Principal's Letter
- c) PL Facebook
- d) School Website announcements
- e) Letters/Consent Forms via Parents Gateway
- f) Email Comms with Staff





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# Keep in touch with the school

## Parents' Communications with School

<https://www.plmgss.moe.edu.sg/articles/guidelines-on-parents-communication-with-the-school>



Within school hours (7.30 a.m. – 6 p.m.), on working weekdays, and during school terms



Teachers are not expected to provide their personal mobile numbers



Urgent messages to teachers may be directed to the school's General Office



Appointments for face-to-face meetings made at least 3 days in advance



Response Time  
3-7-21



# Event Highlights - Semester 1, 2024

January	February	March	April	May
<b>Start-Right Programme</b>	<b>Sec 3 OBS</b>	<b>Sec 3 NRIC Registration</b>	<b>Musical Montage</b>	<b>Pit Stop Programme</b>
<b>Meet-The-Parents Sessions</b>	<b>CNY Celebrations</b>	<b>Sec 4/5 (Class of 2023) Homecoming</b>		
	<b>Student Leaders' Badging Ceremony</b>			
	<b>Tea with Year Heads</b>			

- Engaging Teaching and Learning
- National School Games



# Road Safety – Alighting Points

- Every morning more than 350 cars come into the School
- To ease traffic congestion, please use alighting points at:
  - Opposite Carpark @ HDB Bk 138 (beside Maplewood Park)
  - Carpark @ HDB Bk 134/135 (beside the School) (Upper Sec)
  - School Covered Carpark (Lower Sec)



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# Bus driving strategy (6.45 am-7.30 am)



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# Q & A

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