



Secondary 4&5 Meet-The- Parents Session

19 January 2024

Official(Open)/Non-Sensitive

Meet-The-Parents Programme Outline

Interaction Time with Form Teachers (Classrooms)

Principal's Address

Sharing by our ECG Counsellor, Ms Priscilla Chong

A photograph of four female students in school uniforms standing on a green lawn in front of a school building. The students are wearing white short-sleeved shirts, dark blue vests, and red ties. The student in the center is smiling and has a name tag that reads "PEH CHER EN GABRIELLE". Large white letters "P" and "A" are visible in the background. The text "2024 Meet-the-Parents Secondary 4" is overlaid on the image.

2024 Meet-the-Parents

Secondary 4

19 Jan 2024 (Friday)
7.30 p.m.

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(for info) Removed slides on

- School Leaders and KP photographs – parents can refer to our school website for the information.
- <https://www.plmgss.moe.edu.sg/about-us/our-staff/staff-emails/>



Sec 4/5 Form Teachers

Class	Form Teacher	Form Teacher
4.1	Mr Jerry Tai	Ms Ho Lian Ya
4.2	Ms Nur Zahira	Mr Lin Binchuan
4.3	Mrs Tessa Tay	Ms Heng Ci Pei
4.4	Mr Shane Tan	Ms Goh Sze Nee
4.5	Mrs Jes Christopher	Mr Tek Yong Shoun

Class	Form Teacher	Form Teacher
4.6	Mdm Nor Shana	Ms Ung Zi Qing
4.7	Ms Navethira	Mr Joshua Low
4.8	Mr Lam Cherng Yang	Mrs Christina Ramesh
5.1	Mrs Wong Yu Ting	



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



- No photography
- No videography
- No disclosure / circulation



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

CONTENT

1. Our 2024 Focus

- What we can look forward to...

2. Our Total Curriculum – 2024 highlights

3. The New Singapore Context – Full SBB

4. Our Parents



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Our 2024 Focus

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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Vision

An outstanding school of choice producing women of fine character with a passion for life and learning

Mission

To nurture every PL-Lite into a whole person who lives in favour of God and man

H.E.A.R.T. Values

- Honour God
- Excellence (Mindset)
- Adaptability
- Respect
- Thankfulness





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Level Outcomes



SEC 1
iDiscover
Discover PL and
Build Relationships
with Teachers and
Peers.

SEC 2
iAspire
Aspire to be the Best
Version of Myself

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SEC 3
iInfluence
Seek to be a Positive
Influence in Class and
Take Responsibility
for Own Learning

SEC 4
iInspire
Inspire a Sense of
Hope Through Service
to Others



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

- (for info) Removed slides on:
- School Strategy Map
- School Culture definitions



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

GCE N and O Level Results

PL Family adding value together...



(for info) Removed slides on

- GCE N and O Level Results and Good Stories
- Please refer to the school website for details:
 - <https://www.plmgss.moe.edu.sg/announcements/nlevelresults2023/>
 - <https://www.plmgss.moe.edu.sg/announcements/o-level-results2023/>



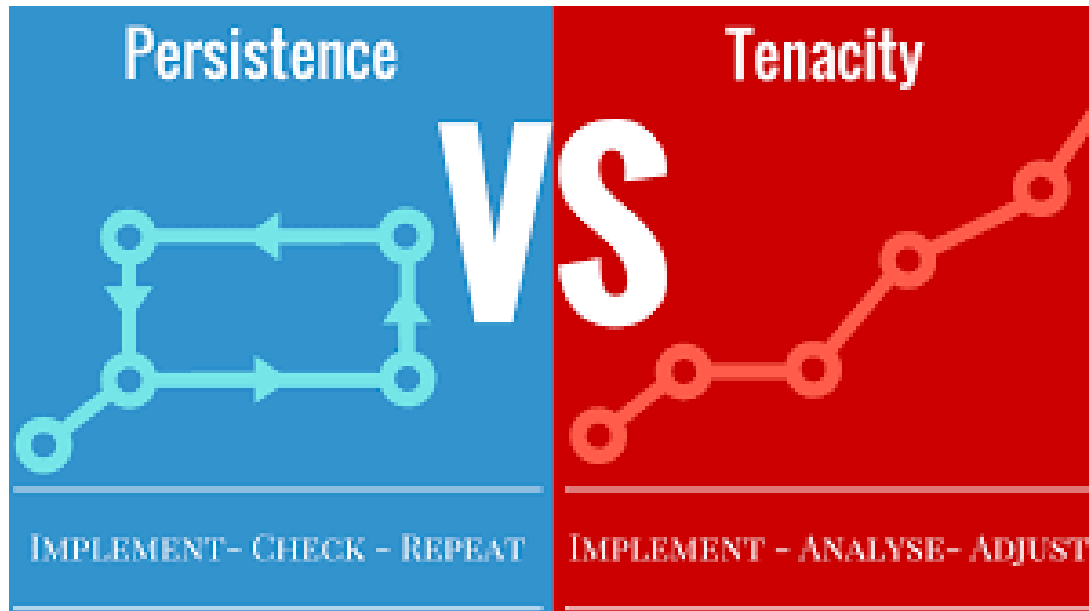
PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

(for info) Removed slides on

- LEAPS outcome



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



Discipline leads to habits.

Habits lead to consistency.

Consistency leads to growth.



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Purpose of Schooling




- 2024 Year Theme -
Be True, Pure, Strong and Brave

“
Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.
”

Philippians 4:8

About Ministry of Education, Singapore

The Education Service's Mission is to
mould the future of the nation.



MOE's vision:
"Thinking Schools, Learning Nation"

Research shows:

- **Profession**
- **Performance**
- **Progression**
- **Person**
- **People**
- **Passion**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

2024 Theme & Directions

What we can look forward to?



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)



- 2024 Year Theme -

Be True, Pure, Strong and Brave

“

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable — if anything is excellent or praiseworthy — think about such things.

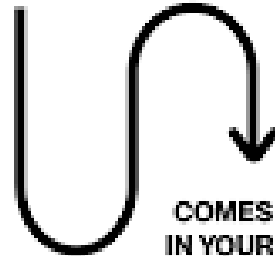
Philippians 4:8



2024 Theme: **Be True, Pure, Strong and Brave**



WHAT GOES INTO YOUR MIND



COMES OUT IN YOUR LIFE.



1. Be a bold risk-taker
2. Make failures matter
3. Reach beyond your bubble
4. Let urgency conquer fear



PL's	Year	Theme	Theme Verse	Theme Song	Inspiration
108 th Year	2024	Be True, Pure, Strong and Brave	<p>“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things.”</p> <p style="text-align: right;">Philippians 4:8 [NIV]</p>	<p>Little by Little: https://www.youtube.com/watch?v=40nUuRVbDmo</p> <p>Lyrics: Little by little everyday Little by little in every way Jesus is changing me, He's changing me. Since I made that turn about face I've been growing in His grace Jesus is changing me.</p> <p>He's changing me, my precious Saviour I'm not the same person that I used to be Well, it's been slow going But still there's knowing That someday perfect I will be.</p>	<p>Inspired by Our School Creed</p> <p>Stanza 1 I would be true for there are those who trust me I would be pure for there are those who care I would be strong for there is much to suffer I would be brave for there is much to dare.</p>

2024 Welcome Gift – Pocket Mirror



1. **Being a reflection of God – To represent God through our thoughts, our words, and our actions**
2. **Importance of Self-Reflection – To grow in truth, purity, strength and courage.**

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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

2024 School Monthly Themes

MONTHLY THEMES 2024



Jan Be True, Pure, Strong and Brave	Feb Be True to Serve and Shine	Mar Be Pure in Thoughts, Speech and Actions
Apr Be Strong in Overcoming Adversities	May/Jun Be Brave to Step Out in Faith	Jul Be an Example for All
Aug Be a Light to Your World	Sep Be Focused on Our Purpose	Oct Be Thankful!

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PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Our Total Curriculum



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

(for info) Removed slides on

- Details of Assessments – please refer to PG message



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

德 智 体 群 美

Morals, Intellect, Physical body, Team spirit, Aesthetics



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TOTAL CURRICULUM

TOTAL

Curriculum **L**earning content **A**ssessment **P**edagogy **S**taff

Learning Content¹ (Knowledge, Skills, Values or attitudes)

What should my students learn?



Curriculum

How should my students learn?

Pedagogy²

Did my students learn it?

Assessment³

Staff: guided by Singapore Teaching Practice (STP)



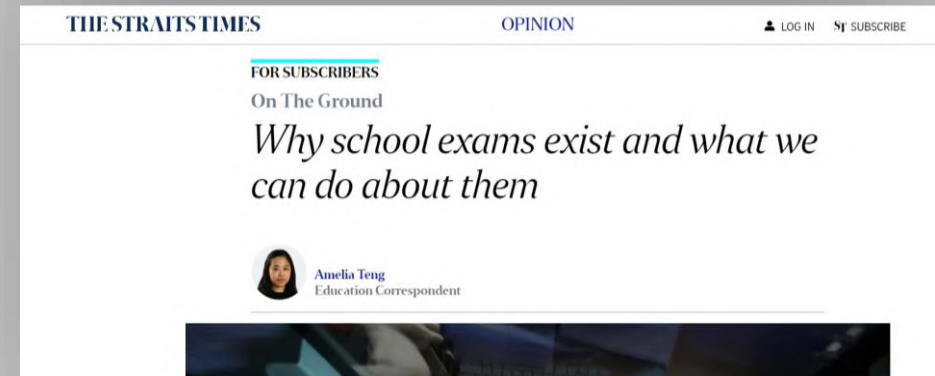
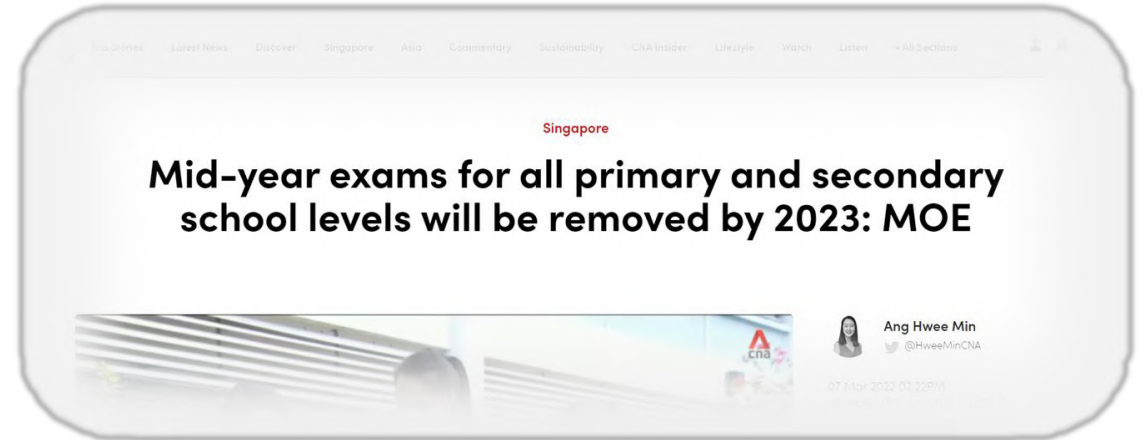
Learners Disposition: PEARLS

Total Curriculum					
Curriculum Programme (CP)				Co-curriculum Programme (CCP)	
Languages	Science		Mathematics	CCA	CCE
Aesthetics	Humanities	PE	Design & Technology		School-based programmes



Instructional Programmes

1. Upper Secondary Expectations
2. Assessment in 2024
3. Building Academic Foundation over 2 years





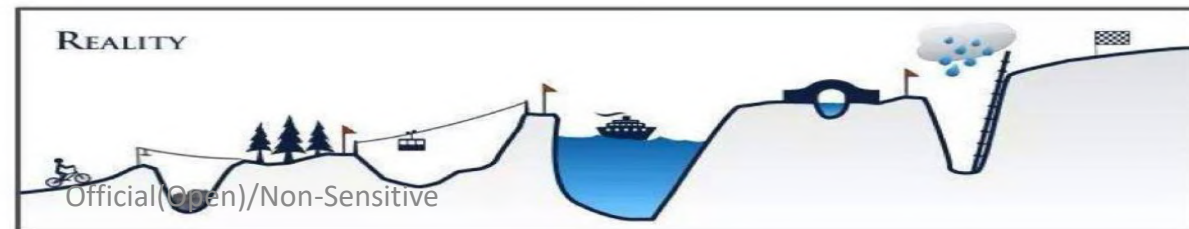
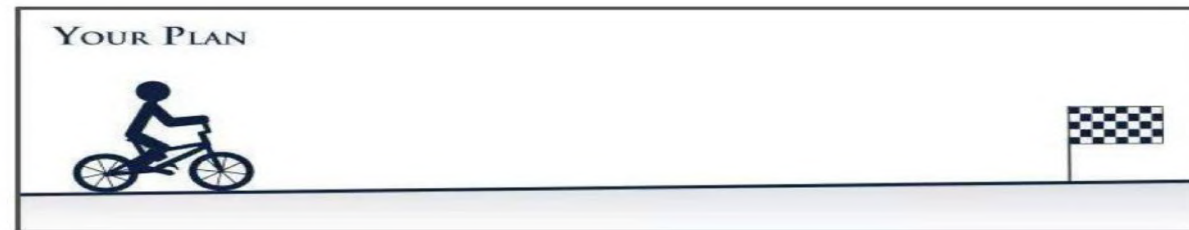
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Upper Secondary Expectations

Goals vs Distractions



Result Expectations vs Realities



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Character & Citizenship Education

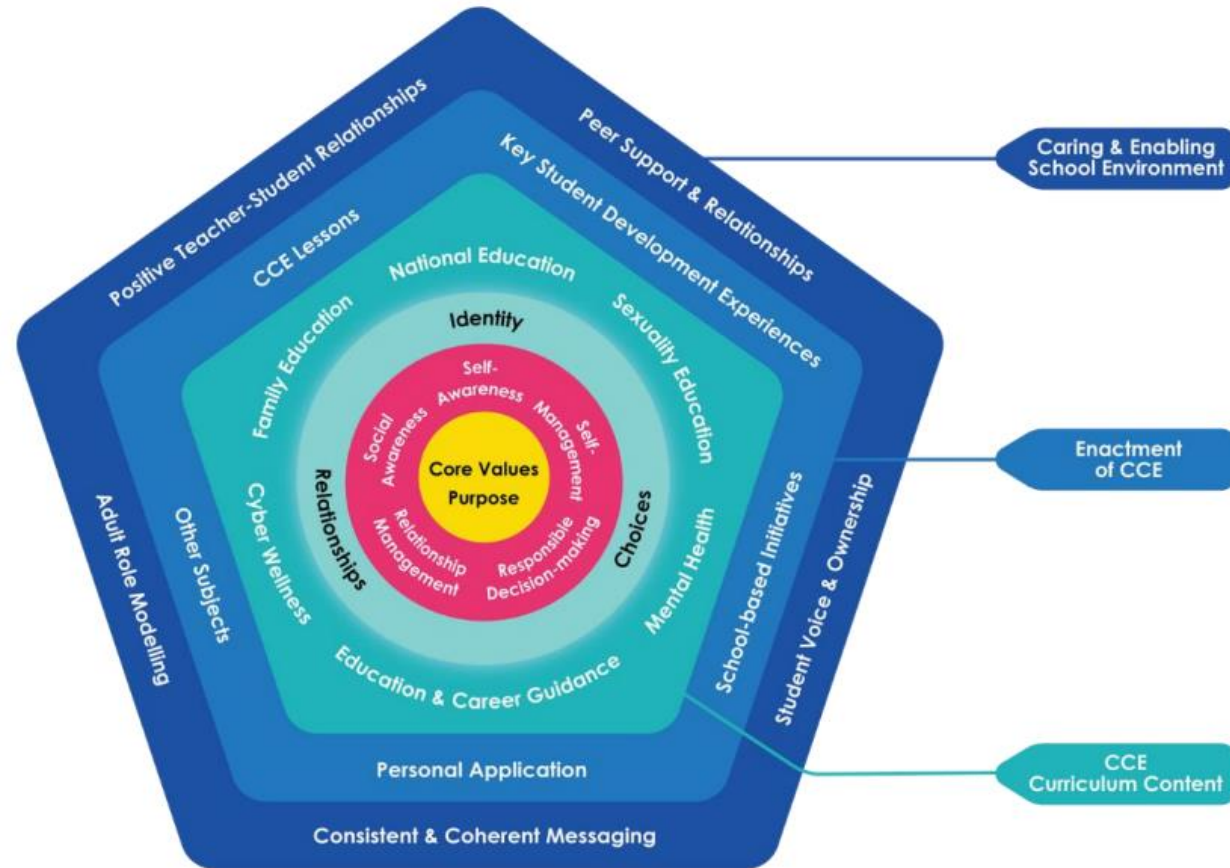


Figure 2: The CCE 2021 Curriculum Frame
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PA



CULTURE IS A PROCESS.
A STRONG CULTURE IS BUILT UPON
GOOD **HABITS & ROUTINES.**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Building Good Habits through **EFFECTIVE ROUTINES**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

PL-Lites in the Classrooms

| WEDNESDAY, APRIL 19, 2017 | THE STRAITS TIMES |

Eager students = eager teachers

Study finds that teachers are motivated to teach when children show interest in learning

Calvin Yang

A Teacher's Day card is nice, but what really motivates a teacher is students who are keen to learn.

And such a teacher is likely to be more driven to teach, a National Institute of Education (NIE) study found after 1,549 secondary school students and 225 teachers were surveyed last year.

It starts with the teacher creating a conducive environment for students to feel motivated to learn in, said Professor John Wang, who leads NIE's Motivation in Educational Research Lab, a centre that translates research findings on motivation into practical guides for teachers and practitioners in Singapore.

"The source of motivation for the teachers comes from the students. When we go into classrooms, if we feel that the students are eager to learn, that gives us the energy to do more for them," he said.

To create the right environment, teachers have to understand their students' needs, explain the rationale behind certain tasks and provide avenues for students to seek help, he said.

While most studies have focused on what motivates students, teachers' motivations have been largely ignored. The findings showed teachers are also motivated when they have more autonomy in their teaching and methods instead of be-

ing restricted, and this leads to a better understanding of their charges. On the flip side, stress on the job can negatively influence the level of support a teacher gives his students. The usual stress factors came up in the study - students' performance, time constraints in covering the syllabus and pressure from the school authorities.

The study proposed that teachers be evaluated on their teaching, and not on their students' performance. "We do have to empathise with the role of a teacher a little bit more," said Prof Wang, "if we keep on piling on all the administrative work and all the other things, it is difficult for them to do their core job."

The study, which began in January last year and was completed last month, looked at factors influencing the teachers' motivational levels, which can affect the learning climate they create in the classrooms.

The students were asked a series

of questions, including how much they enjoyed a particular class and the pressure they feel in that class. The teachers answered questions on their personalities, perceived job pressures faced and perceptions towards students, among other things.

"Teachers draw energy from their students when they are teaching," said Prof Wang. "If they can focus on creating a conducive learning environment, both teachers and students will experience the joy of teaching and learning."

Mr Bernard Lim, 59, a former teacher with about 20 years of experience, said students' persistent desire for more of any subject "would definitely drive the teacher to work harder".

He said teachers need to be entrusted with more autonomy. "Curriculum also has to include relevant and purposeful activities which enhance pupils' life skills," he added.

Julian Bosar GEC MP Denise Pua, who heads the Government Parli-



In order to create the right learning environment, teachers have to understand their students' needs, explain the rationale behind certain tasks, and provide avenues for students to seek help, says NIE's Prof John Wang. ST PHOTO: JONATHAN CHEE

POSITIVE VIBES

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PROFESSOR JOHN WANG, who leads NIE's Motivation in Educational Research Lab, a centre that translates research findings on motivation into practical guides for teachers and practitioners in Singapore.

mentary Committee for Education, said the role of a teacher is no longer primarily a dispenser of knowledge. "Their role must transform to that of a curator of learning content, life coach in values and character building, and designer of effective learning experiences."

cof@nie.edu.sg

Building Good Habits through EFFECTIVE ROUTINES

PEARLS (for Pupils)



All teachers (FTs & Subject teachers) will co-construct expectations & consequences with students.

Blended Learning Routines

Regular classroom routines with the use of PLD



C

Charge PLD Fully

- Charge your PLD fully before coming to school
- Be ready with your PLD at the start of lesson



H

Highlight issues to Peers, Teachers or ICT Support Team

- Seek help from peers
- Ask teachers if assistance is needed
- Approach ICT Support Team to troubleshoot technical issues



A

Alert in Safeguarding PLD & School Materials

- Do not leave your PLD unattended
- Protect PLD via Device Care Management
- Use a 1-bag system to place PLD & all lesson materials



M

Manage Wi-Fi, Email & Online Lessons

- Check that your Wi-Fi is turned on and check your email regularly
- Actively learn and be self-directed
- Access online lessons & complete them promptly



P

Protect Password

- Remember your password and keep it safe
- If you forgot your MIMS Password, reset it on <https://mims.moe.edu.sg>



S

Screen Down Fully & Listen to Instructions

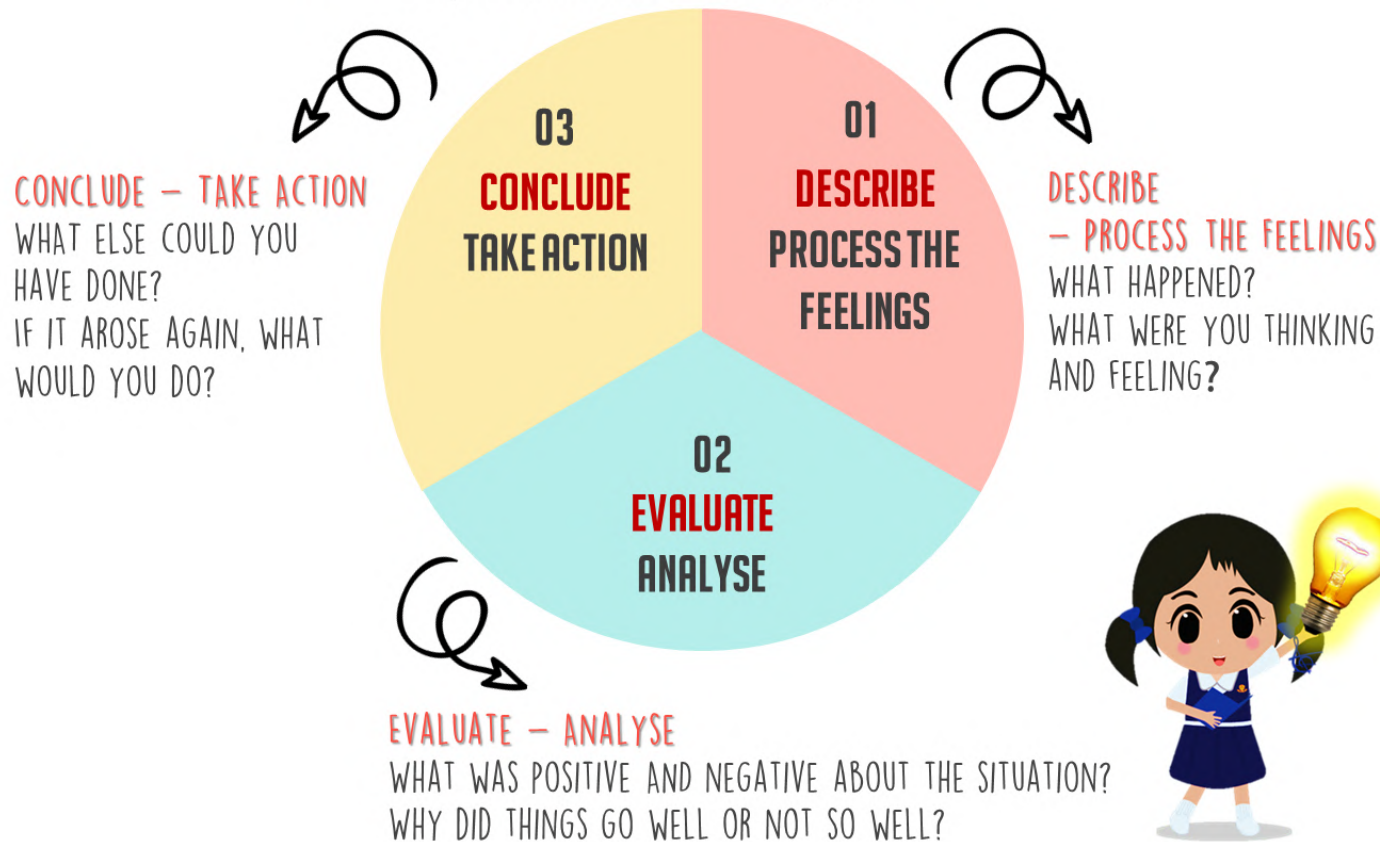
- Place your screen down fully when teacher is giving instructions



Building Good Habits through EFFECTIVE ROUTINES

3 Stage Reflection Cycle

Adapted from the Gibbs Reflective Cycle



**Reflection Routine:
Making sense of the
lessons, SDEs and other
school experiences in a
meaningful way.**

Building Good Habits through EFFECTIVE ROUTINES

Mighty Ruth's POSITIVE SELF TALK

Be Strong Focus Strive



I CAN 'GROW' MY BRAIN

Our brains are like our muscles. The **more** we use them, the **better** and stronger our brain gets. We believe we can all learn and achieve.



I CAN LEARN FROM MY MISTAKES

Mistakes are opportunities for us to learn. We can identify and acknowledge our weaknesses and emotions. We can listen to feedback and work on improving. We can plan for follow up actions after reflecting from our experiences.



I CAN'T YET!

If we cannot achieve now, it does not mean it is permanent. We can set goals and take steps to **improve** ourselves.

THE POWER OF
YET!



I CAN RISE UP TO A CHALLENGE

We see new experiences as **CHALLENGES** and they are **OPPORTUNITIES** to learn and grow.



We persevere during challenges and pursue our own personal excellence.

I AM NOT ALONE!

We can **ask for help** and get support from family and friends. We can learn **better and achieve more** when we have help.



Write a goal which will bring you closer to your Best Possible Self.

Use the MR Positive Self Talk to overcome the possible obstacles.

Possible Obstacles

Positive Self Talk Responses

Positive Self Talk Routines to build a GROWTH MINDSET.

Building Good Habits through EFFECTIVE ROUTINES

A Common Identity/Vision for the Class
to work towards.

Illuminators

POSITIVE VIBES, EMBRACE DIVERSITY,
ADAPTABILITY

2024 - 2026

CREDITS: CANVA.COM

1 WORD which encapsulates your
CLASS VISION + VALUES

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Passionate about CCAs, motivated to study

REPORT: LIM YUFAN
limyufan@spoh.com.sg

YOU can pursue your passion and still get good grades.

Abigail Lim, Alison Han and Karthigha Pon Rajoo, who are student leaders at Paya Lebar Methodist Girls' School (Secondary), are living examples.

The 16-year-olds topped the school in the O-level exams, despite being heavily involved in co-curricular activities (CCAs).

Abigail, who is her school's top scorer with eight A1s, is a prefect and the vice-president of the harp ensemble. She is also the student in charge of Campus ChangeMakers, a student body that organises community service projects for the less privileged.

"I'm very happy to have joined the harp ensemble because through it, I've learnt a new skill," said Abigail. "Music is a form of

Ms Annabella Ong, Abigail's English Language teacher, said she had displayed strong leadership qualities, organising meetings among Campus ChangeMakers on her own and delegating work with minimal input from the teachers.

Madam Connie Ng, Abigail's mother, believes that the reason behind her good results is constant revision.

Self-motivated

"I do not push her because she is very self-motivated," said Madam Ng, who is a childcare teacher. "She doesn't study past 11 pm and relaxes by playing the piano whenever she feels stressed."

Alison and Karthigha, who have eight and seven A1s respectively, are two of the other top scorers from the school.

Together with Abigail, Alison was awarded the Colours Award by the school, in recognition of their outstanding leadership abilities.



HIGH-FLIERS:
(From left) Paya Lebar Methodist Girls' School (Secondary) students Karthigha Pon Rajoo, Abigail Lim and Alison Han.
TMP PICTURE: GARY GON

their CCAs.

Alison, the vice-president of the English Literary, Drama and Debating Society, has acted in many of the school's plays and musicals.

Alison said she always looks forward to going for the society as she loves to act and is happy to be with her friends.

"I feel like it is normal for me to act," said Alison, who is also a member of the Prefectorial Board's executive committee. "It is through acting that I express myself better."

As for Karthigha, she has shown eloquence by winning Sorkalam, a national Tamil debate competition, in 2010.

"Through taking part in oratorical competitions, I've gained a lot of confidence in myself," said Karthigha. "It has also helped me in my Tamil, for which I got an A1."

Karthigha, who also has a love of photography, has entered photography competitions as a member of the school's Media and IT Club.

All three girls intend to enrol in junior colleges as they want to keep their passions alive.

Holistic Education in PLMGS



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

LEAPS 2.0 points

LEAPS 2.0 is a framework to recognise secondary school students' holistic development.

Students will be recognised with levels of attainment in four domains:

- **L**eadership,
- **A**chievement,
- **P**articipation and
- **S**ervice



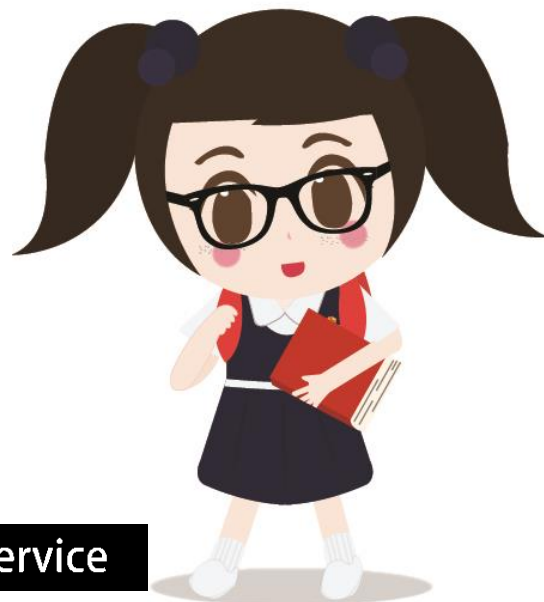
PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Demonstrating an Excellent Mindset in the Co-curriculum

Leadership

(Level 3) At least a...

- Class Monitor
- Peer Support Leader
- Peer Lite
- Prefect
- LS CCA chairperson / Vice-chairperson
- LS CCA Exco
- US CCA Comm
- LS House Captain/ Vice-Captain
- US House Comm
- UG Sergeant
- Chairperson / Vice chairperson for GLYW project
- Committee member for school-wide events
- NYAA (Silver)



Service

(Level 5) Completed at least 24 hours of service through...

- **Sec 1 & 2 Local FIS**
- **Sec 3 GLYW** (student-initiated VIA project)
- **Sec 4/5 CNY FIS** that impact the community beyond the school

Achievement

(Level 3) Represented school for ...

- **2 years** in local or external events

Participation

(Level 4) Participated in CCA

- **for 4 years with at least 75% attendance for each year**
- Demonstrate exemplary conduct and active contribution (*Demonstrate 'Very Strongly' in most behaviour traits across the 5 HEART values. (*Refer to "Translating Values to Behaviours" in Annex)*)



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Conduct Grade 2024



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(for info) Removed slides on

- Conduct grade
- Please refer to student handbook page 20



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

The New Singapore Context



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

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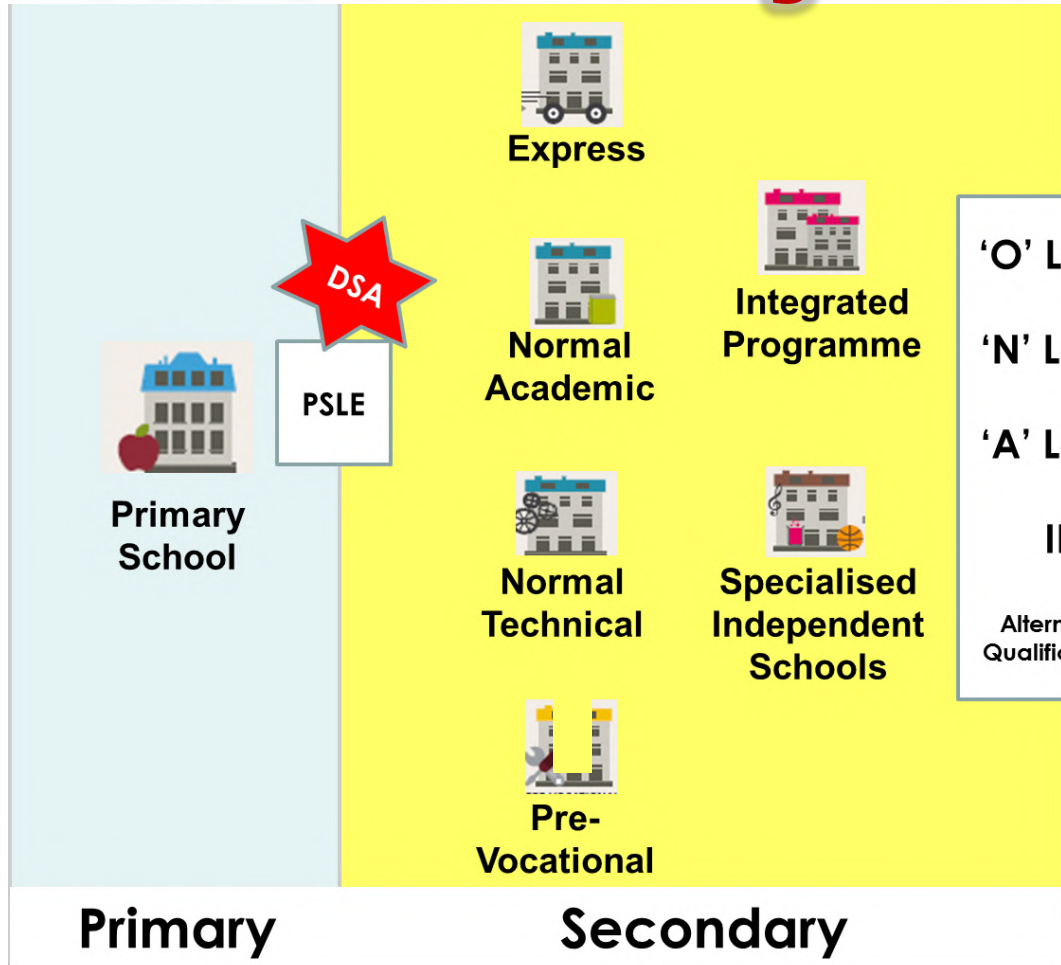
- Full Subject-Based Banding (FSBB)
- Please refer to the MOE website for the latest on FSBB
- <https://www.moe.gov.sg/microsites/psle-fsbb/full-subject-based-banding/main.html>



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Start Planning for Post-Secondary Education

FOR NOW...



Poly



JC / CI



ITE



Other



Work



Uni





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Help your daughter develop Personal Agency

Planning for Post-Secondary Education

<https://www.plmgss.moe.edu.sg/instructional-programmes/useful-resources>

<https://www.myskillsfuture.gov.sg/content/student/en/secondary.html>

2023
INTAKE EXERCISE
For January 2023 Intake

Admission Booklet
For Full-Time and
Traineeship Courses

ITE
Institute of Technical Education
Internet Address: www.ite.edu.sg

**JOINT
ADMISSIONS
EXERCISE 2023**
INFORMATION BOOKLET

For Candidates Seeking Admission to:

Junior Colleges
Millennia Institute
Polytechnics
Institute of Technical Education

Ministry of Education

myskillsfuture.gov.sg/content/student/en/secondary.html

A Singapore Government Agency Website

MySKILLSfuture About Know Yourself World of Work Education Guide Help Feedback Login

About MySkillsFuture

A one-stop portal that empowers you to embark on a journey of self-discovery and make informed education and career choices. Use the information and tools to explore various education and career pathways, and take charge of your future.

What's new Events Useful links

- Do you know that the Singapore Youth Flying Club (SYFC) offers internship programme? Find out more here.
- Read about the various educational pathways in the Arts here.
- From developing the TraceTogether mobile application for contact tracing to generating NEWater that supplies up to 40% of Singapore's water needs, engineers have been using creative solutions to solve complex problems for years. Learning more about the engineering industry and its pathways here.
- New videos on the Arts, Entertainment and Recreation industry. Learn about the various courses offered by NAFA and LASALLE, and student experiences in the institutions. Click here to find out.

MySKILLSfuture



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Post-Sec Scholarships

Exp / NA

- MOE Pre-University Scholarship
- Art Elective Scholarship
- MOE Humanities Scholarship
- Language Elective Scholarships
- Music Elective Scholarship
- Regional Studies Programme Scholarship
- DSTA Scholarship
- Cluster Sponsorship - Nursing (Diploma)
- Polytechnic Foundation Programme (PFP) Profession – Nursing
- Sailors' Society - MaritimeONE Scholarship
- BCA-Industry Built Environment Diploma Scholarship / Sponsorship
- Scholarships Offered by Polytechnics
- Scholarships Offered by Lasalle and NaFa

NT

- Community Development Council & Citizen's Consultative Committee-Institute of Technical Education (CDC & CCC-ITE) Scholarship
- BCA-Industry Built Environment ITE Scholarship
- Nursing Sponsorship for NITEC in Nursing
- SingHealth Nursing Sponsorship (NITEC)
- Singapore Olympic Foundation-Peter Lim Sports Scholarship
- Industry Scholarships For ITE Courses

<http://plmgss.moe.edu.sg/instructional-programmes/post-secondary-scholarships>

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Unleash Your Potential
MOE Programme-Based and Special Scholarships

Scholarships for:

- Art Elective
- Music Elective
- French Language
- German Language
- Japanese Language
- Spanish Language
- Chinese Language
- English Language
- Malay Language
- Tamil Language
- Humanities
- MOE Pre-University
- Bicultural Studies Programme
- National Elective Tamil Language Programme
- Regional Studies Programme



Post-Sec Scholarships Application

Write-up and evidences required

- **JC DSA**
- **Poly/ITE EAE**

1. Candidate's Particulars
2. Academic Achievements
3. CCA Record
4. School's Assessment of Candidate's Character
5. Candidate's Personal Statement

Accompanying Documents

- GCE 'O' Level Certificate or Results Slip
- CCA Certificate for Secondary[#]
- Character Award Certificate (where applicable)[#]

Conduct, Moral integrity, Care and concern for others, Resilience, Ability to work in teams and Contribution to school/ community/ society



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Our Parents

Official(Open)/Non-Sensitive



WHY ARE OUR PARENTS HERE TODAY?

School

- What does the school stand for?
- What is in store for my child?

Staff (People)

- Who are the people I will be working with?

Support

- How can I, my family and my child be better equipped for this new journey?





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Our Sec 4/5 PL-Lites in 2024

Class FIS Project

*Prefect/CCA Leader/Peer-Lite
Sports Leader*

**GCE N & O Level
Examinations**

**ECG and Motivation
Workshops**

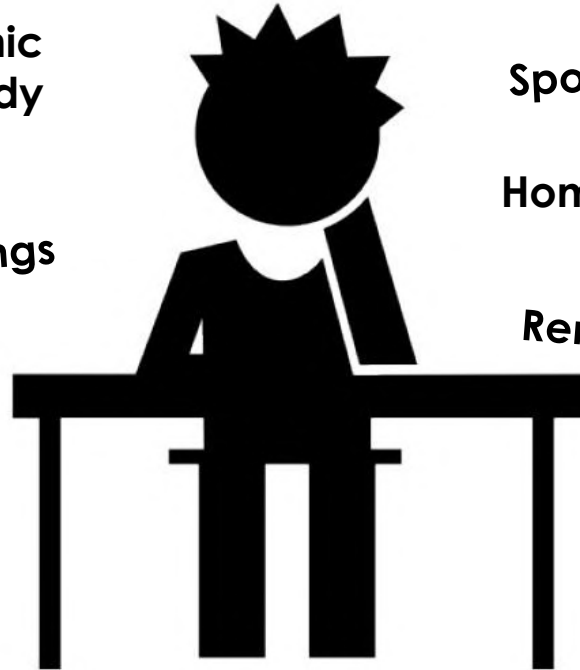
**Extended Academic
Programme & Night Study**

Sports Day, Founder's Day etc.

**CCA
Competitions/SYF/Trainings**

Homework/ Tests/ Exams

Remedials, Consultations



Official(Open)/Non-Sensitive



How can our PL-Lites achieve their Goals?

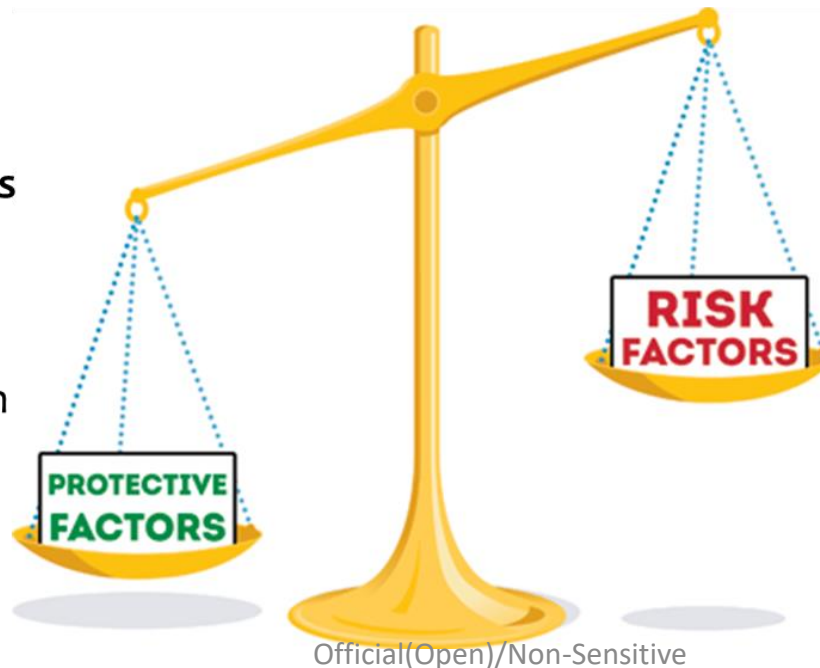




In this season of high expectations...

Stabilise your daughter with Protective Factors

Protective factors contribute to an individual's capacity to cope with challenges in life.



Risk factors increase the likelihood of developing a mental illness. As risk factors accumulate, more protective factors are needed to compensate for them.



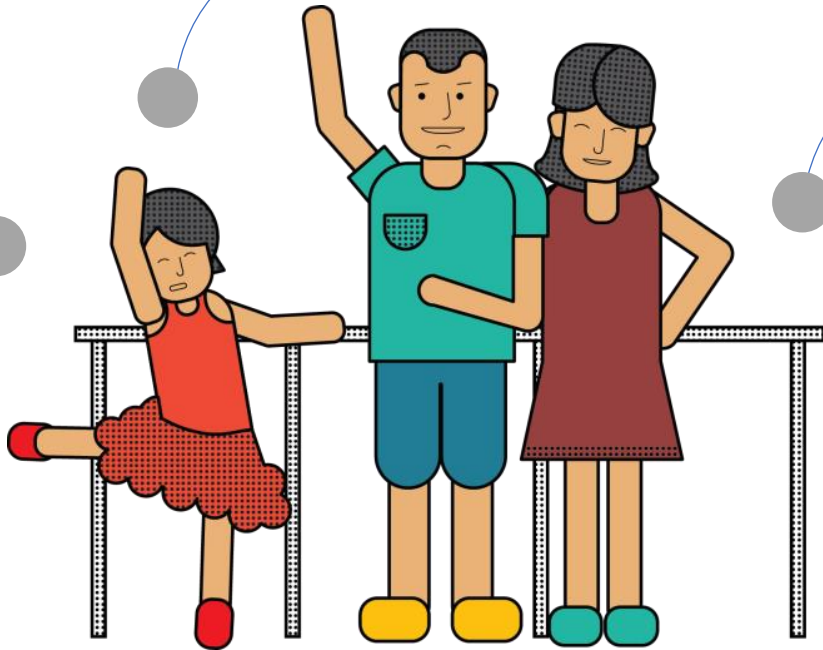
PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Supporting Your Daughter in this season

1 Know your daughter

2 Develop your daughter

3 Keep in touch with the school





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

1. Know your daughter

Keep in close touch with your daughter

**PL's Breakfast with Parents Initiative:
Late Tues & Thurs Mornings**



- Reporting Time for school:
- 7.20am for Mon, Wed, Fri
 - 8.20am for Tue, Thur (Late Start)



1. Know your daughter

Spend Quality Time (school & family)

- Be present
- Avoid talking about homework / tests / results over dinner
- Listen, ask and discuss, rather than tell
- Avoid making comparisons





2. Develop your daughter

Build Resilience & Self-Efficacy

Self - Care

Progress
NOT
Perfection

Space to
problem
solve

Build a growth mindset

- Ability can be grown through effort
- Setbacks and mistakes are opportunities for learning and growth
- Take feedback positively, not defensively
- Be inspired, not threatened, by others' success

Effort x Right Strategies = Positive Outcomes

Official(Open)/Non-Sensitive





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

2. Develop your daughter

Help Discover Her Strengths

- Help them to discover who they are
- Guide them in recognising their strengths, interests and areas for growth



Official (Open) / Non-Sensitive



3. Keep in touch with the school

Parents' Communications with School

- a) Parents Gateway**
- b) Termly Principal's Letter**
- c) PL Facebook**
- d) School Website announcements**
- e) Letters/Consent Forms via Parents Gateway**
- f) Email Comms with Staff**



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

3. Keep in touch with the school

Parents' Communications with School

<https://www.plmgss.moe.edu.sg/articles/guidelines-on-parents-communication-with-the-school>



Within school hours (7.30 a.m. – 6 p.m.), on working weekdays, and during school terms



Teachers are not expected to provide their personal mobile numbers



Urgent messages to teachers may be directed to the school's General Office



Appointments for face-to-face meetings made at least 3 days in advance



Response Time
3-7-21



Road Safety – Alighting Points

- Every morning more than 350 cars come into the School
- To ease traffic congestion, please use alighting points at:
 - Opposite Carpark @ HDB Bk 138 (beside Maplewood Park)
 - Carpark @ HDB Bk 134/135 (beside the School) (Upper Sec)
 - School Covered Carpark (Lower Sec)



PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Bus driving strategy (6.45 am-7.30 am)





PAYA LEBAR METHODIST GIRLS' SCHOOL (SECONDARY)

Q & A

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Thank You!

